

# SENSORTEHNOOOGIAD MEDITSIINITEHNIKAS

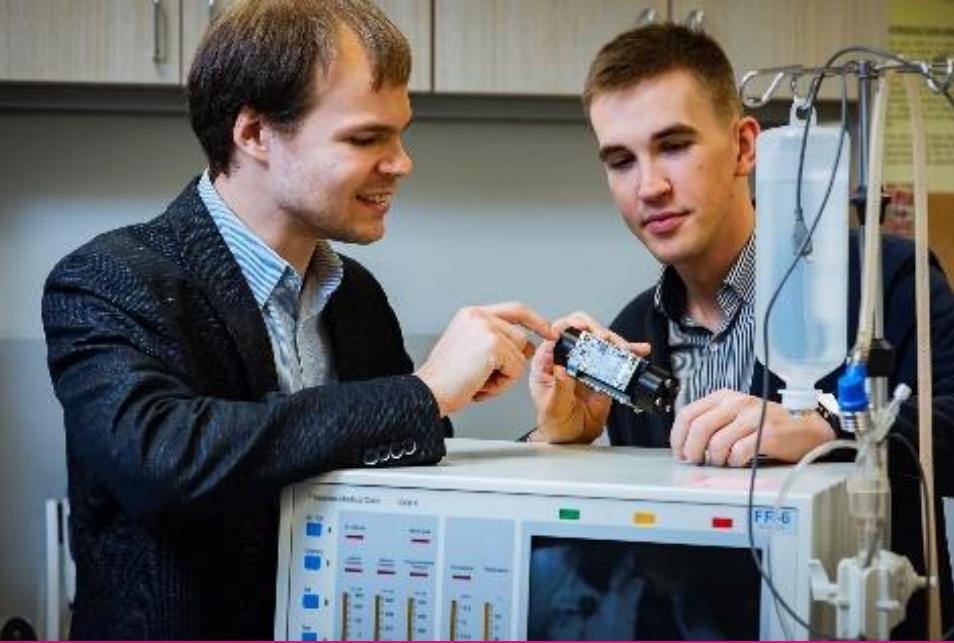
AKADEEMIKUKANDIDAATIDE KONVERENTS  
**24. OKTOOBRIL 2023, TALLINNAS**

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Tallinna Tehnikaülikool  
<https://taltech.ee/tervisetehnoloogiate-instituut>



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**UURIMISGRUPP  
SENSORTEHNOLOGIAD MEDITSIINITEHNIKAS  
*SENSOR TECHNOLOGIES RESEARCH GROUP AT  
BIOMEDICAL ENGINEERING (SENSORTECH@BME)***



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# **SENSORTEHNOOGIAD MEDITSIINITEHNIKAS NUTIKAS NEERUASENDUSRAVI JÄLGIMISE SENSORTEHNOOGIA**

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<https://taltech.ee/tervisetehnoloogiate-instituut>  
CTO Optofluid Technologies OÜ

# NEERUASENDUSRAVI FAKTIDES

## Dialysis is associated with...

### Low Quality of Life



Health-related Quality of Life  
for dialysis patients is

↓ **27% – 49%**

worse than for the  
general population

### High Cost to Society

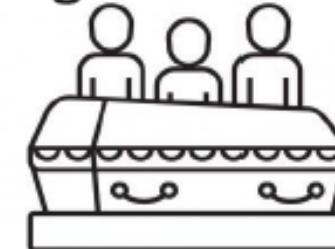


Dialysis is resource-heavy,  
costing up to

**€80,000 or \$89,000**

per patient per year, depending on  
the country and dialysis method

### High Mortality



Annual death risk  
of dialysis patients is

**10 – 100x**

higher than in  
general population

5-year survival  
on dialysis is  
**lower**

than for most  
cancer treatments

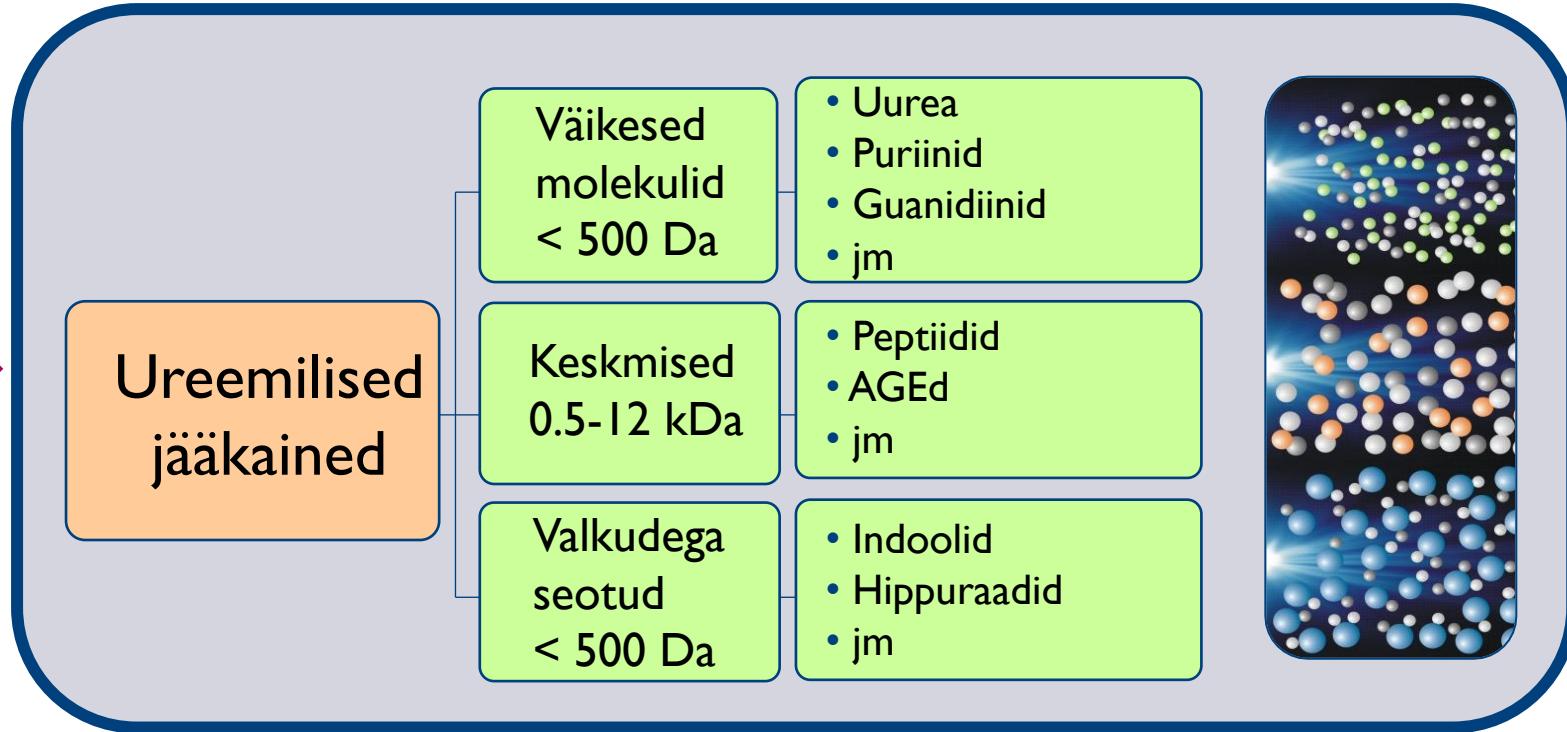
**2/3**

of patients die  
without KRT access



- Vajadus kvaliteetse ja kuluefektiivse neeruasendusravi järelle

# KAS OLEKS VÕIMALIK NÄHA AINEVAHETUSE JÄÄKAINETE EHK UREEMILISTE JÄÄKAINETE EEMALDAMIST?



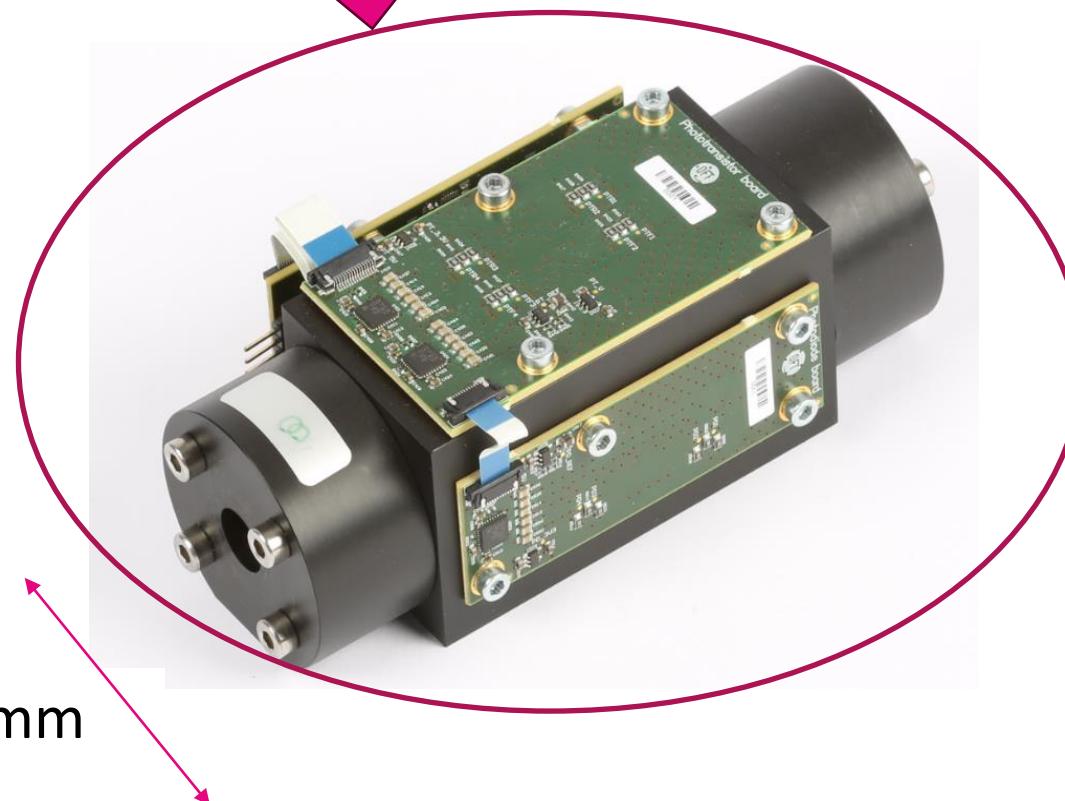
- Ilma vereproove võtmata
- Ilma keerukate mõõtmeetoditeta
- **Automaatselt, reaalajas?**



JAH, SEE ON VÕIMALIK,  
AGA  
ME VAJAME "SPEKTROFOTOMEETRILIST NÄGEMIST"



La Forge VISOR-ga  
(Star Trek Voyager)



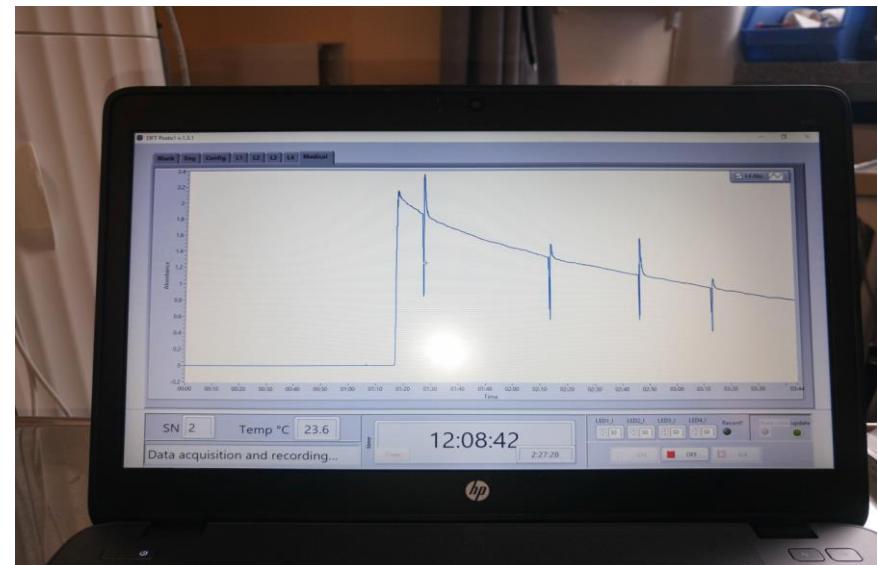
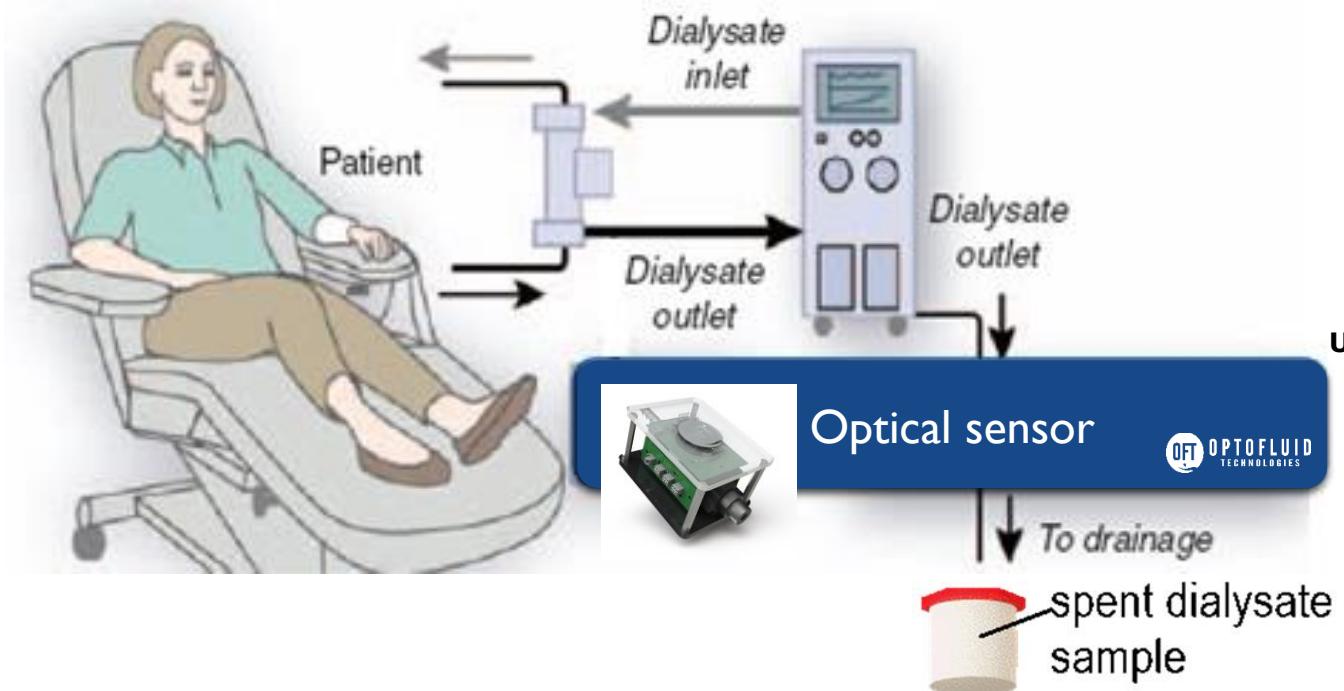
Optiline sensor  
ureemiliste jääkainete eemaldamise  
jälgimiseks neeruasendusravil reaalajas



H2020 – SMEINST – 2 –  
2017 OLDIAS2 - On-line  
Dialysis Sensor Phase2

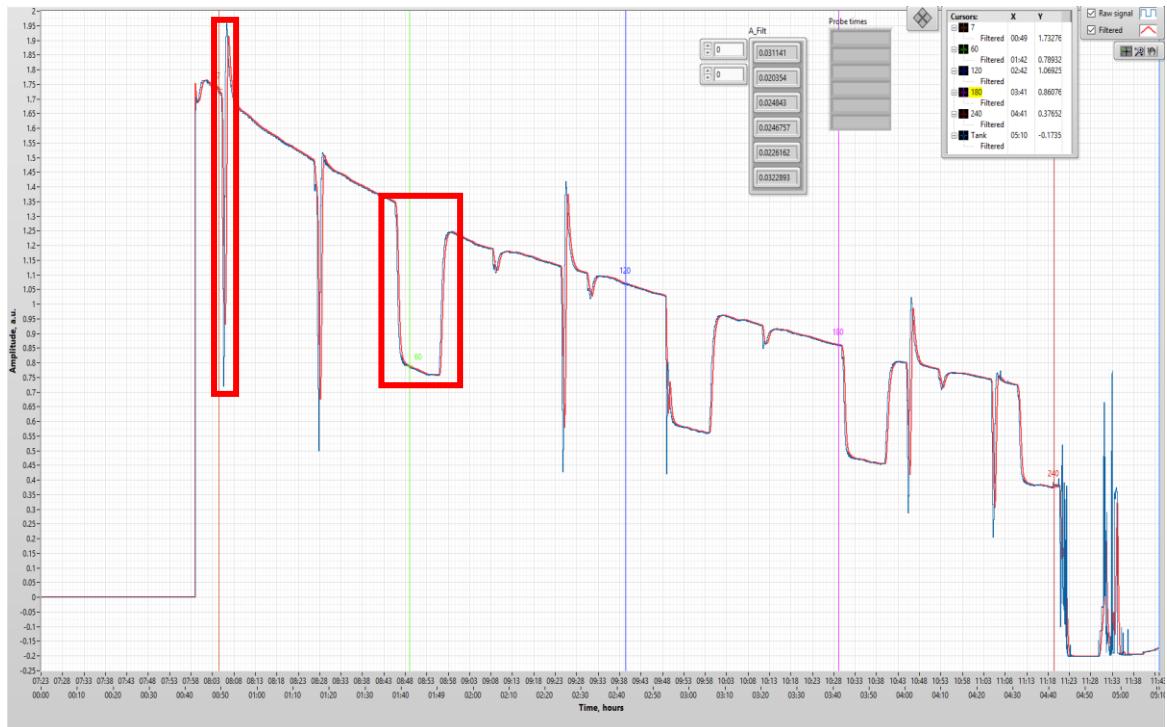


# NEERUASENDUSRAVI OPTILINE REAALAJAS JÄLGIMINE

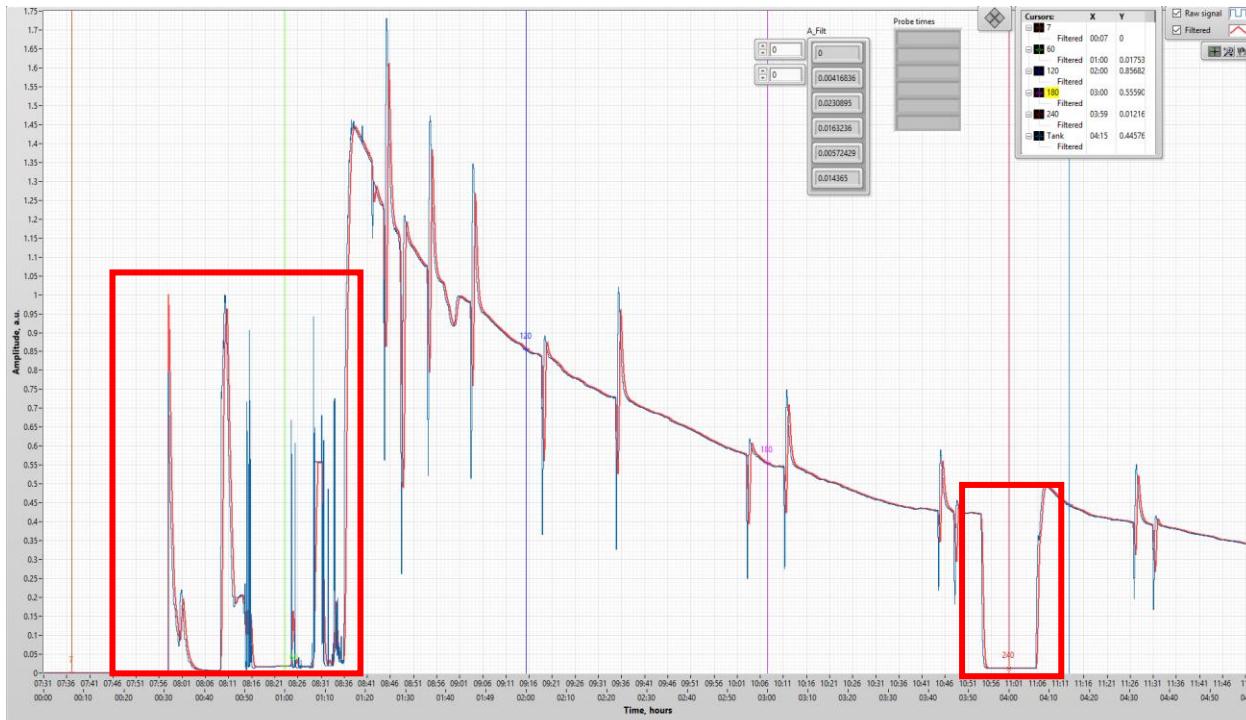


# OPTILINE DIALÜÜSRAVI REAALAJAS

## Kunstneeruaparaadi enesetestid



## Probleemne algus ja katkestus dialüüsravi ajal

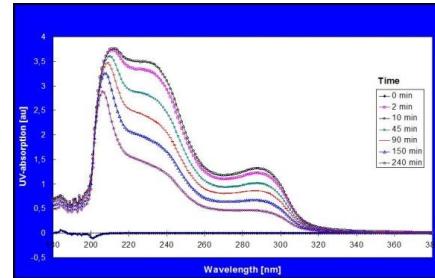


- Näide optilisest dialüüsravi jälgimisest erinevate HD-masina enesetestidega ning probleemse käivitamise ja katkestusega HD-seansi ajal

# OPTILINE SENSOR UREEMILISTE JÄÄKAINETE EEMALDAMISE REAALAJAS MONITOORINGUKS NEERUASENDUSRAVIL

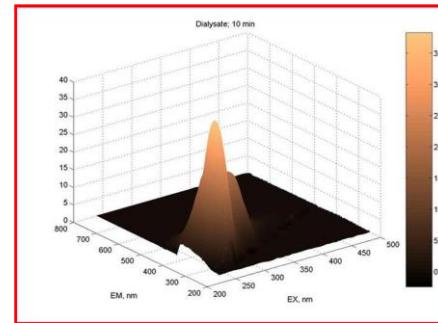
## MULTICOMPONENT UREMIC TOXINS MONITOR MCM™

UV neelduvus



+

Fluoresents



=

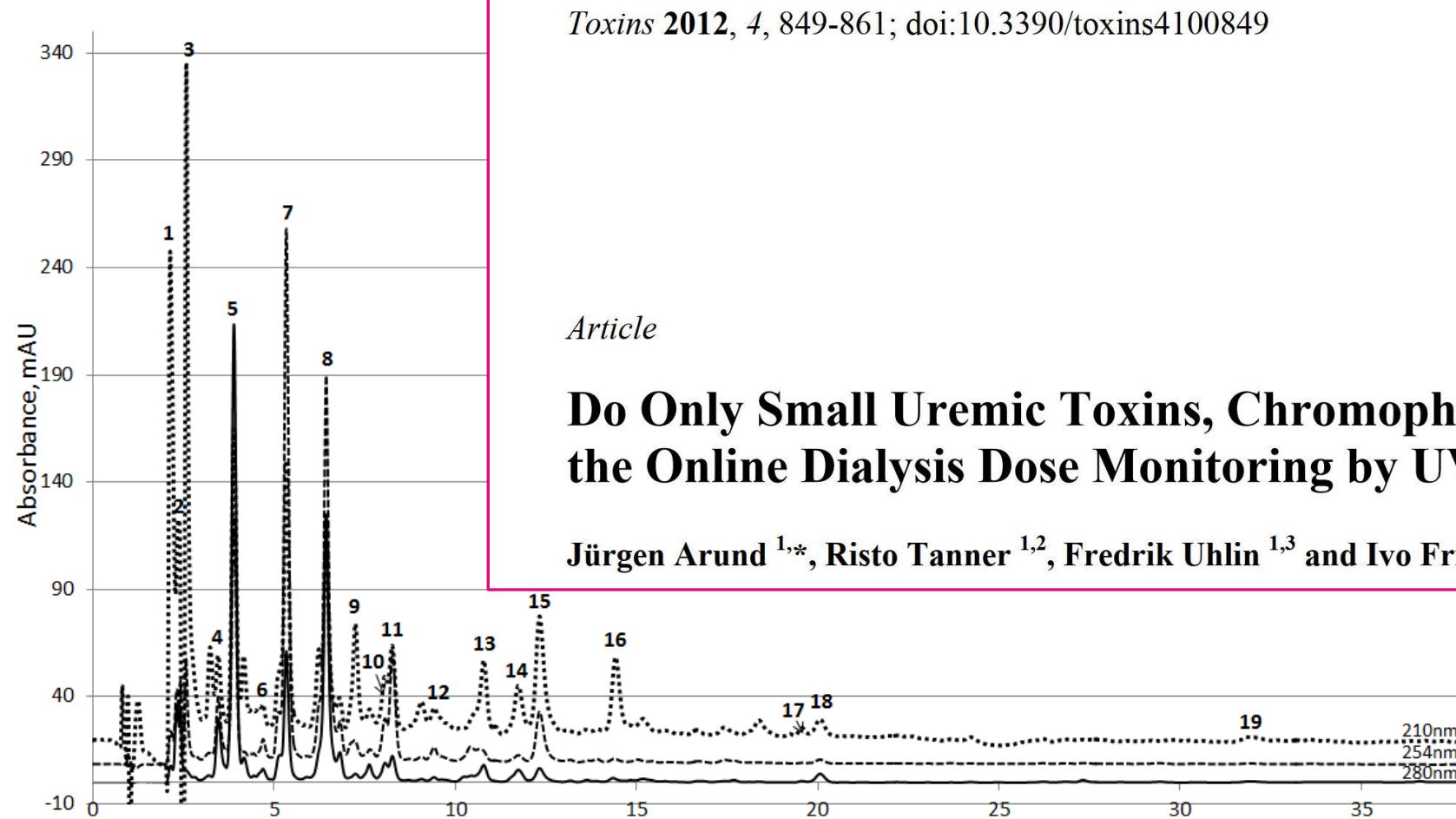
MCM™ sensor



OFT OPTOFLUID TECHNOLOGIES

MCM™ ühendab kaks optilist meetodit üheks uuenduslikuks mõõtmispõhimõtteks

# UREEMILISED JÄÄKAINED-KROMOFOORID HEITDIALÜSAADIS



Toxins 2012, 4, 849-861; doi:10.3390/toxins4100849

OPEN ACCESS

*toxins*

ISSN 2072-6651

[www.mdpi.com/journal/toxins](http://www.mdpi.com/journal/toxins)

Article

## Do Only Small Uremic Toxins, Chromophores, Contribute to the Online Dialysis Dose Monitoring by UV Absorbance?

Jürgen Arund <sup>1,\*</sup>, Risto Tanner <sup>1,2</sup>, Fredrik Uhlin <sup>1,3</sup> and Ivo Fridolin <sup>1</sup>

registered between 200 and 400 nm. Nearly 95% of UV absorbance originates from solutes with high removal ratio, such as uric acid. The contributions of different solute groups vary at different wavelengths and there are dynamical changes in contributions during the single

# UREEMILISED JÄÄKAINED-FLUOROFOORID HEITDIALÜSAADIS



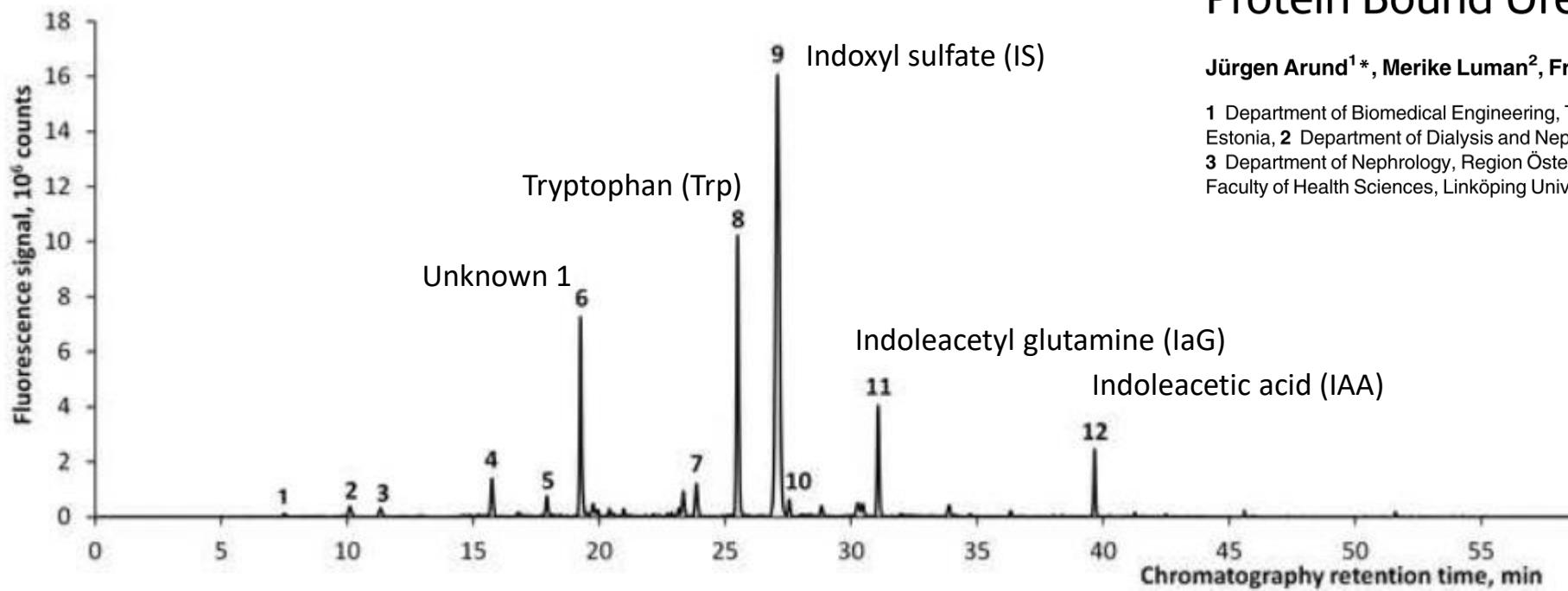
RESEARCH ARTICLE

## Is Fluorescence Valid to Monitor Removal of Protein Bound Uremic Solutes in Dialysis?

Jürgen Arund<sup>1\*</sup>, Merike Luman<sup>2</sup>, Fredrik Uhlin<sup>1,3</sup>, Risto Tanner<sup>1</sup>, Ivo Fridolin<sup>1</sup>

**1** Department of Biomedical Engineering, Technomedicum, Tallinn University of Technology, Tallinn, Estonia, **2** Department of Dialysis and Nephrology, North Estonia Medical Centre, Tallinn, Estonia,

**3** Department of Nephrology, Region Östergötland, and Department of Medical and Health Sciences, Faculty of Health Sciences, Linköping University, Linköping, Sweden



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- Fluorescence (Ex: 280 nm and Em: 360 nm) measures fluorophores which are mainly protein bound uremic toxins (Arund et al. 2016)

I. Fridolin

# VEREPROOVIDETA UREEMILISTE TOKSIINIDE SISALDUSE HINDAMINE NEERUASENDUSRAVI PATSIENTIDE VERES

Clinical Kidney Journal, 2023, vol. 0, no. 0, 1-10

<https://doi.org/10.1093/ckj/sfac273>

Advance Access Publication Date: 20 December 2022  
Original Article



## ORIGINAL ARTICLE

### Time-averaged concentration estimation of uraemic toxins with different removal kinetics: a novel approach based on intradialytic spent dialysate measurements

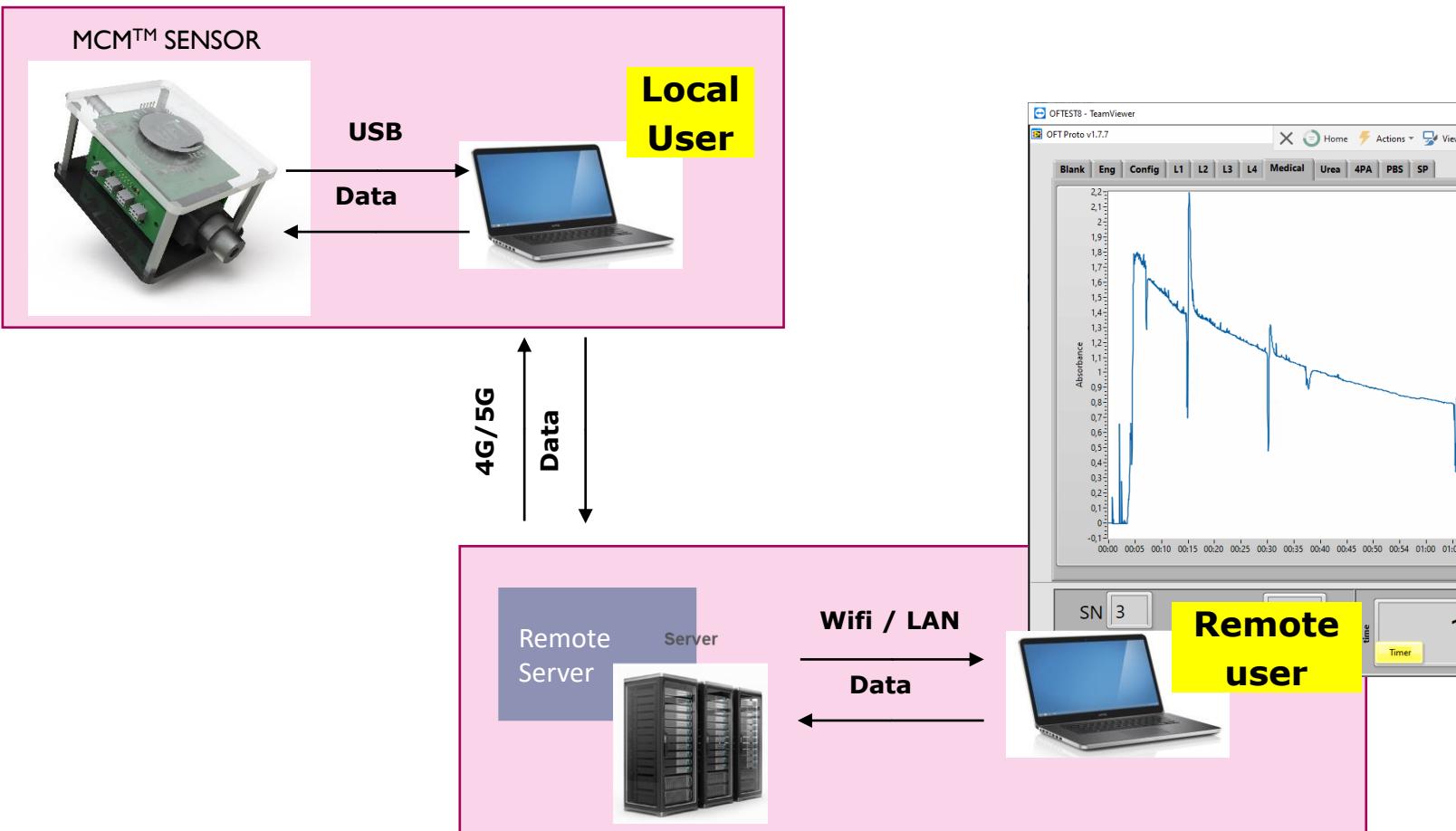
Joosep Paats <sup>ID 1</sup>, Annika Adoberg <sup>ID 2</sup>, Jürgen Arund <sup>ID 1</sup>,  
Annemieke Dhondt <sup>ID 3</sup>, Anders Fernström <sup>4</sup>, Ivo Fridolin <sup>ID 1</sup>,  
Griet Glorieux <sup>ID 3</sup>, Emilio Gonzalez-Parra <sup>5</sup>, Jana Holmar <sup>ID 1</sup>, Liisi Leis <sup>ID 2</sup>,  
Merike Luman <sup>ID 1,2</sup>, Vanessa Maria Perez-Gomez <sup>ID 5</sup>, Kristjan Pilt <sup>ID 1</sup>,  
Didier Sanchez-Ospina <sup>5</sup>, Mårten Segelmark <sup>ID 4</sup>, Fredrik Uhlin <sup>ID 1,4</sup> and  
Alberto Ortiz <sup>ID 5</sup>

<sup>1</sup>Department of Health Technologies, Tallinn University of Technology, Tallinn, Estonia, <sup>2</sup>Centre of Nephrology, North Estonia Medical Centre, Tallinn, Estonia, <sup>3</sup>Nephrology Division, Ghent University Hospital, Ghent, Belgium, <sup>4</sup>Department of Nephrology and Department of Health, Medicine and Caring Sciences, Linköping University, Linköping, Sweden and <sup>5</sup>Fundación Jiménez Díaz University Hospital Health Research Institute, Madrid, Spain

Correspondence to: Joosep Paats; E-mail: [joosep.paats@taltech.ee](mailto:joosep.paats@taltech.ee)

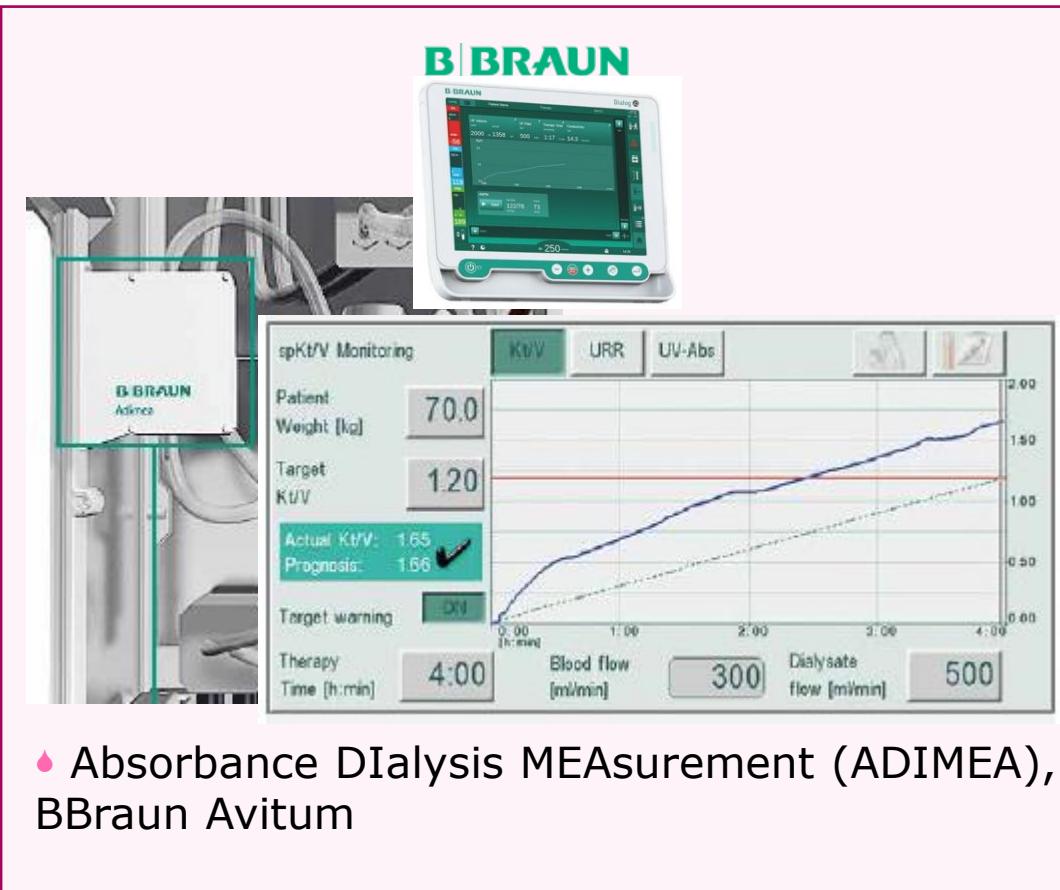
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# NUTIKAS OPTILINE SENSOR: TELEMEETRIA NEERUASENDUSRAVIS



- Telemeetriarakendus võimaldab jälgida neeruasendusravi reaalajas distantsilt
- Regulaarselt koguda "suurandmeid (*big data*)" dialüüsravi kohta

# DIALÜÜSRAVI OPTILISE MONITOORINGU SENSORTEHNOOOGIA TEHNOSIIRE



# Breakthrough technologies for an implantable artificial kidney

## Consortium

- University Medical Centre Utrecht (NL)
- Utrecht University (NL)
- Imec Eindhoven (NL)
- Imec Leuven (BE)
- The Laboratory for Interdisciplinary Physics (LIPhy, CNRS)
- Optofluid Technologies OÜ (OFT)
- ME-SEP (PL)

<https://www.kidnew.eu/>



Funded by the  
European Union

The project has received funding from the European Innovation Council and SMEs Executive Agency  
HORIZON-EIC-2022-PATHFINDEROPEN-01 Program under the Grant Agreement N°101099092

# Kidney Failure: Present therapies are inadequate!



Kidney Failure  
(End Stage Kidney Disease) means:  
Without Kidney Replacement Therapy

You Die!

## Transplantation



Best & cheapest available KRT option, but:

- Structural Shortage of Transplant Kidneys
- many Patients Die, while still on therapy
- Immune suppression drugs prevent rejection but also increase Risk of Cancer & other diseases
- Still up to 25% shorter remaining Life Expectancy

## Dialysis

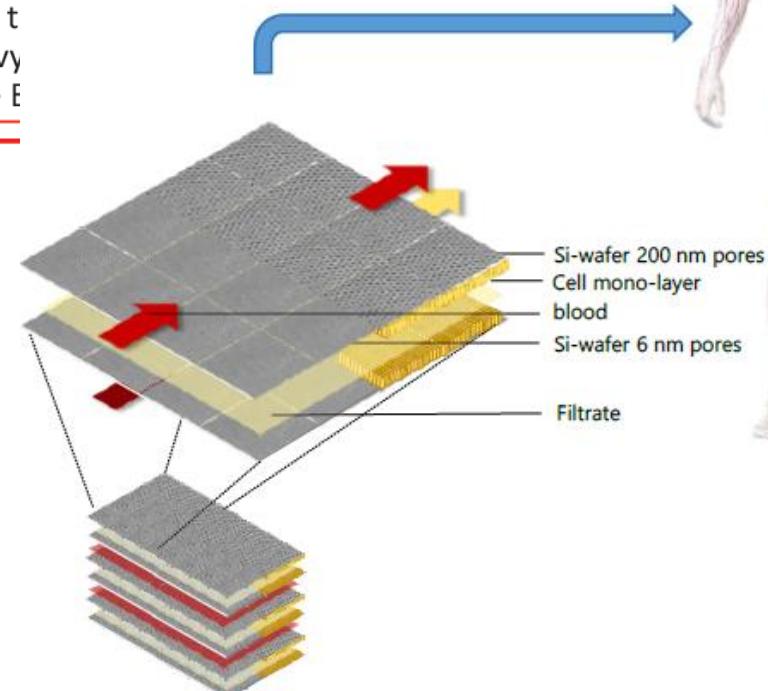
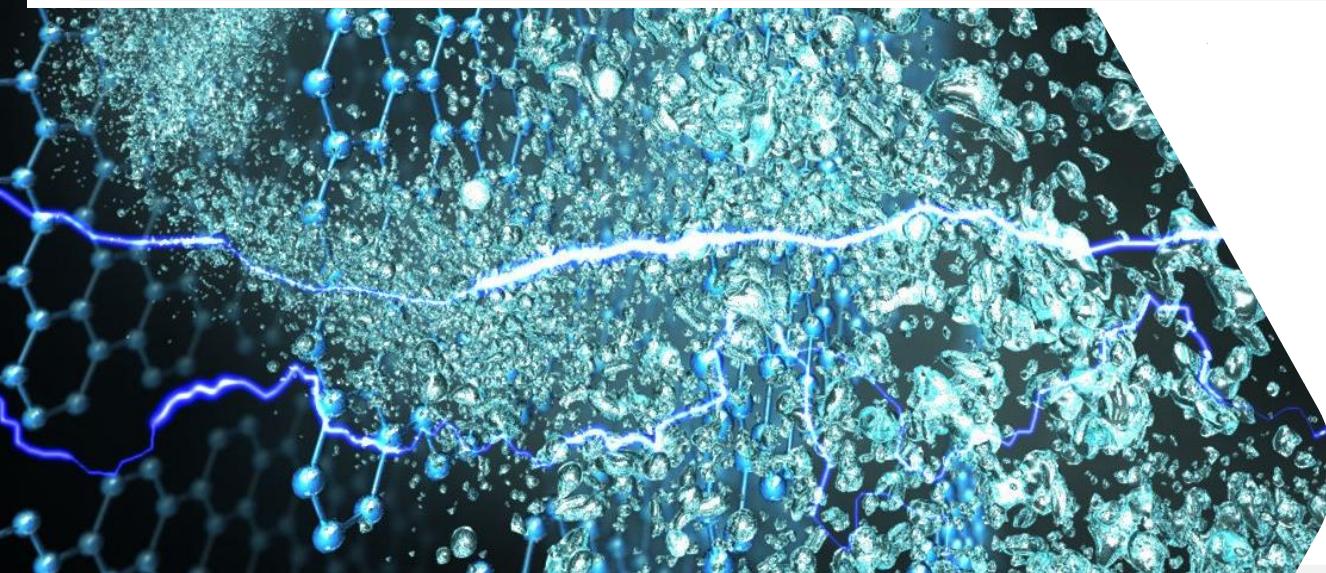


Most widely used available KRT option

- Substitutes max 10-15% of kidney function
- Does not substitute all other kidney functions
- Significantly lower Quality of Life than Transplant
- More Expensive & Resource-heavy
- Up to 70% shorter remaining Life Expectancy

Waste products

Resorption of useful components



Funded by the  
European Union

The project has received funding from the European Innovation Council and SMEs Executive Agency  
HORIZON-EIC-2022-PATHFINDEROPEN-01 Program under the Grant Agreement N°101099092

European  
Innovation  
Council



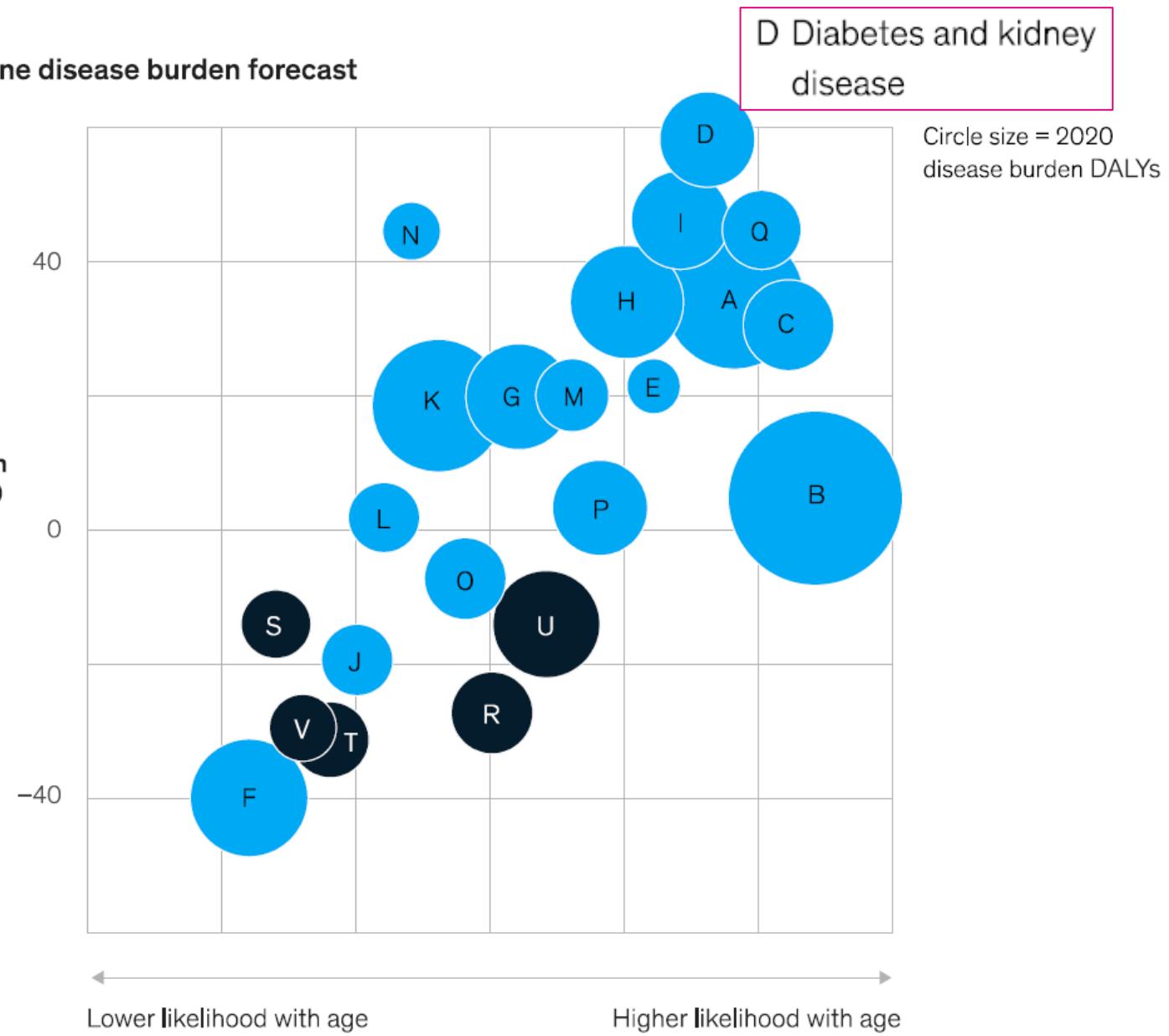
# TERVISHOIU VÄLJAKUTSED

- Other diseases  
A Cancers  
B Cardiovascular disease
- Infectious diseases  
R Diarrhea and intestinal infections  
U Respiratory infections and tuberculosis

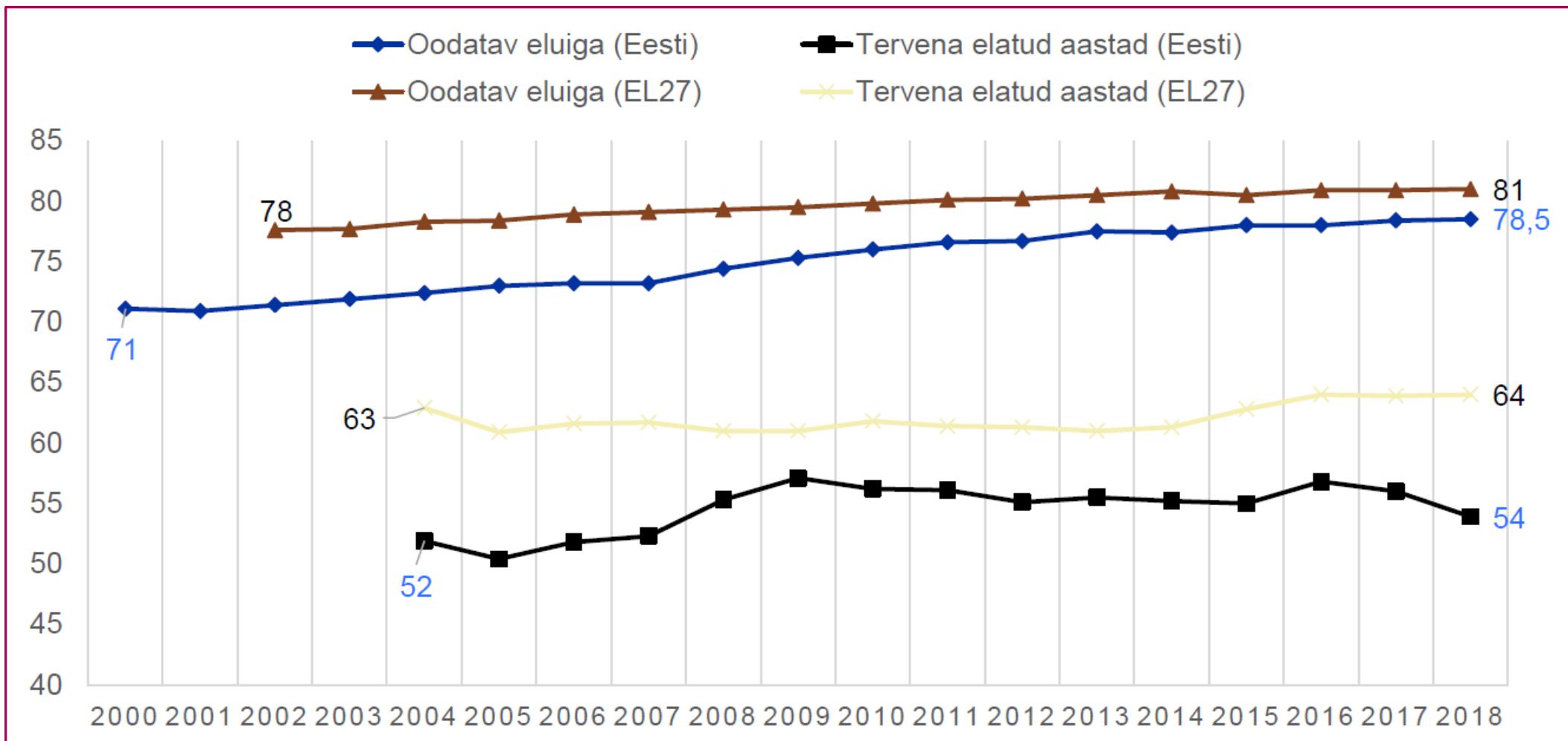
Prioritizing health: A prescription for prosperity,  
McKinsey Global Institute, 2020

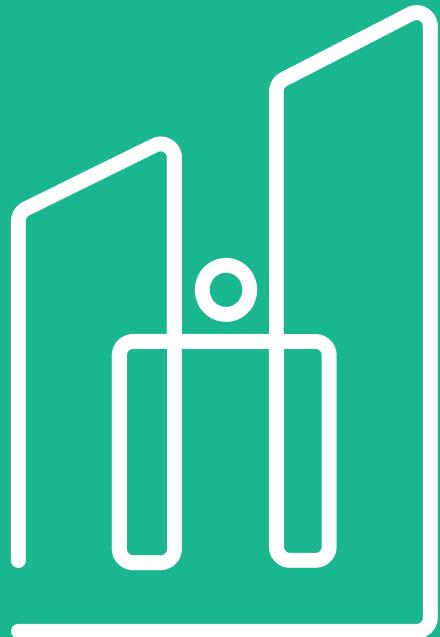
<https://www.mckinsey.com/industries/healthcare/our-insights/prioritizing-health-a-prescription-for-prosperity>

Global baseline disease burden forecast



# TERVISHOIU VÄLJAKUTSED: TERVENA ELATUD AASTAD





**FinEst Centre**  
for Smart Cities

**NARVA.**



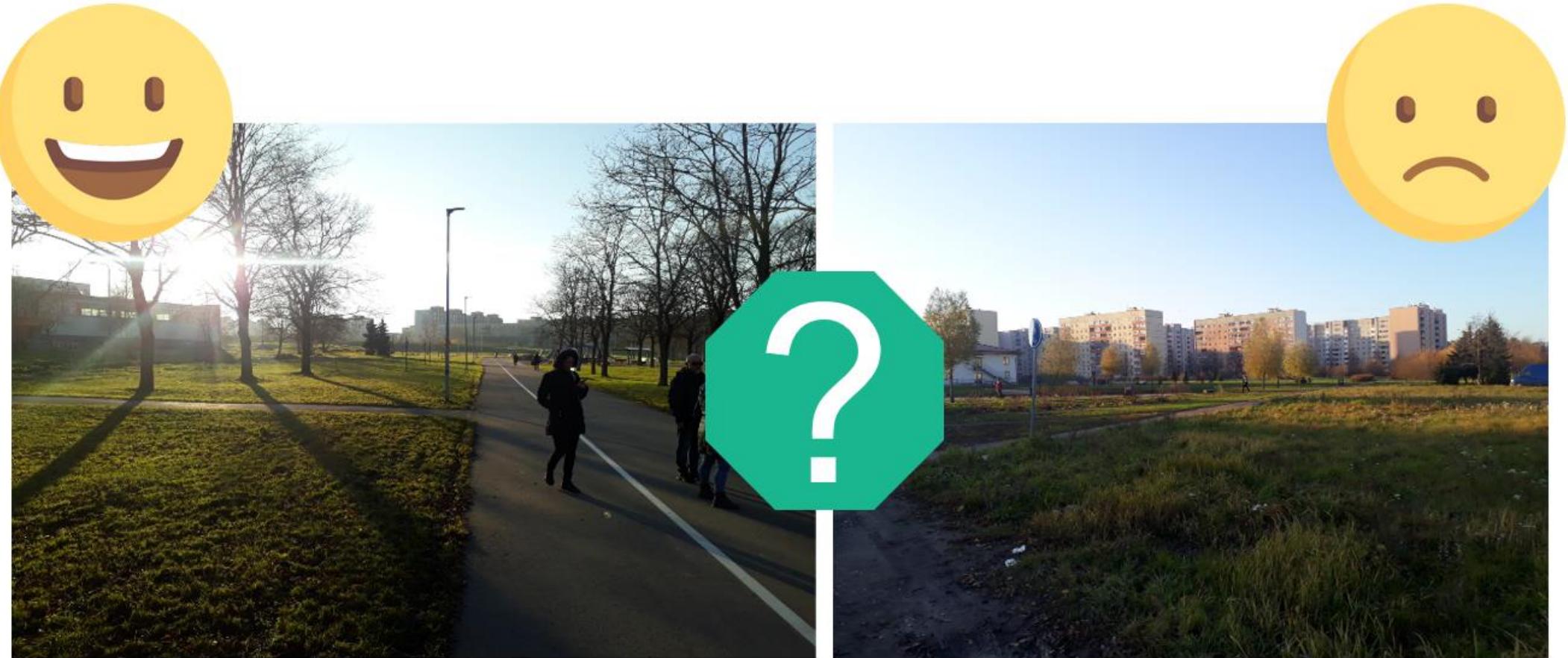
Funded by  
the European Union

# Kuidas mõõta objektiivselt linnaelanike heaolu?



FinEst Twins project is funded by two grants: the European Union's Horizon 2020 Research and Innovation Programme, under the grant agreement No. 856602, and the European Regional Development Fund, co-funded by the Estonian Ministry of Education and Research, under grant agreement No 2014-2020.4.01.20-0289.

# Kuidas tajuvad linnaelanikud linnaruumi füsioloogiliselt?



**Kas see võib olla seotud (linna)ruumi omadustega?**

# Mõõtekohad-elamukvartalid Narvas

Kivilinna/Daumani



Kangelaste/Pähklimäe



Soldina/Tiimani



Kevade/Kalevi



Võidu/Gerassimovi



Uusküla



# Salvestatud signaalid

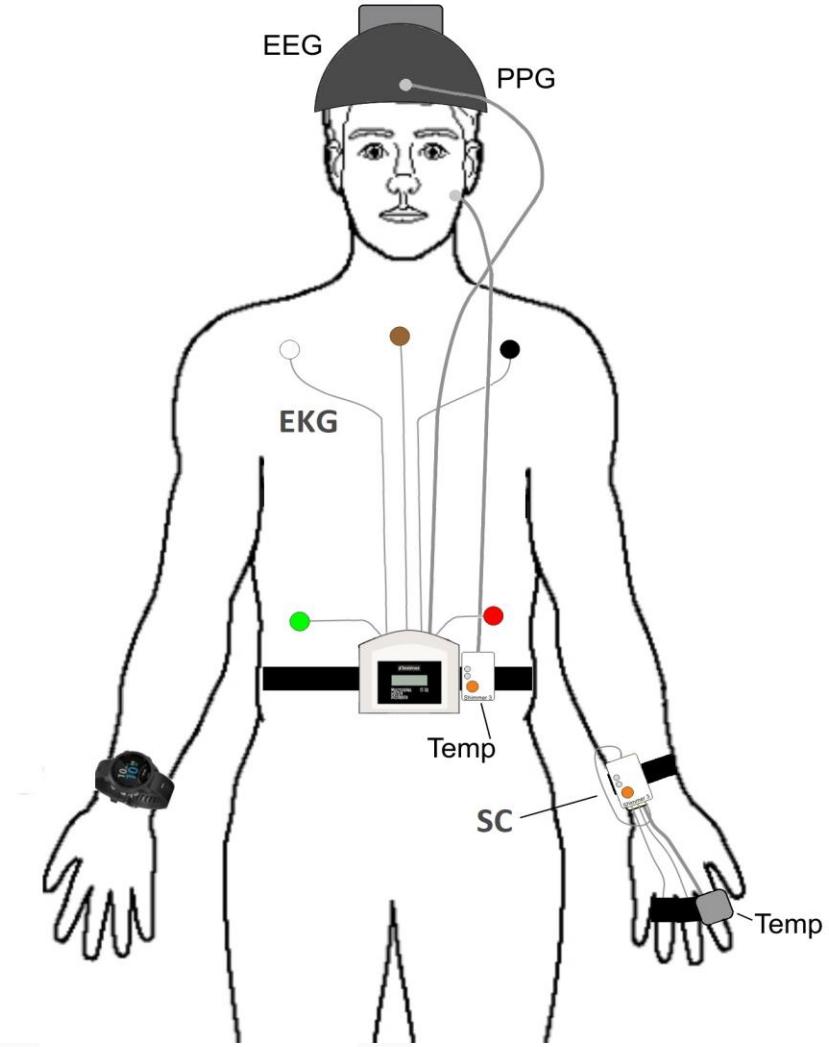
EEG – elektroentsefrogramm, peaaju elektriline aktiivsus

PPG – fotopletüsmogramm, veresoonte optilised omadused

EKG – elektrokardiogramm, südame elektriline aktiivsus

SC - nahal juhtivus

Temp – nahal temperatuur

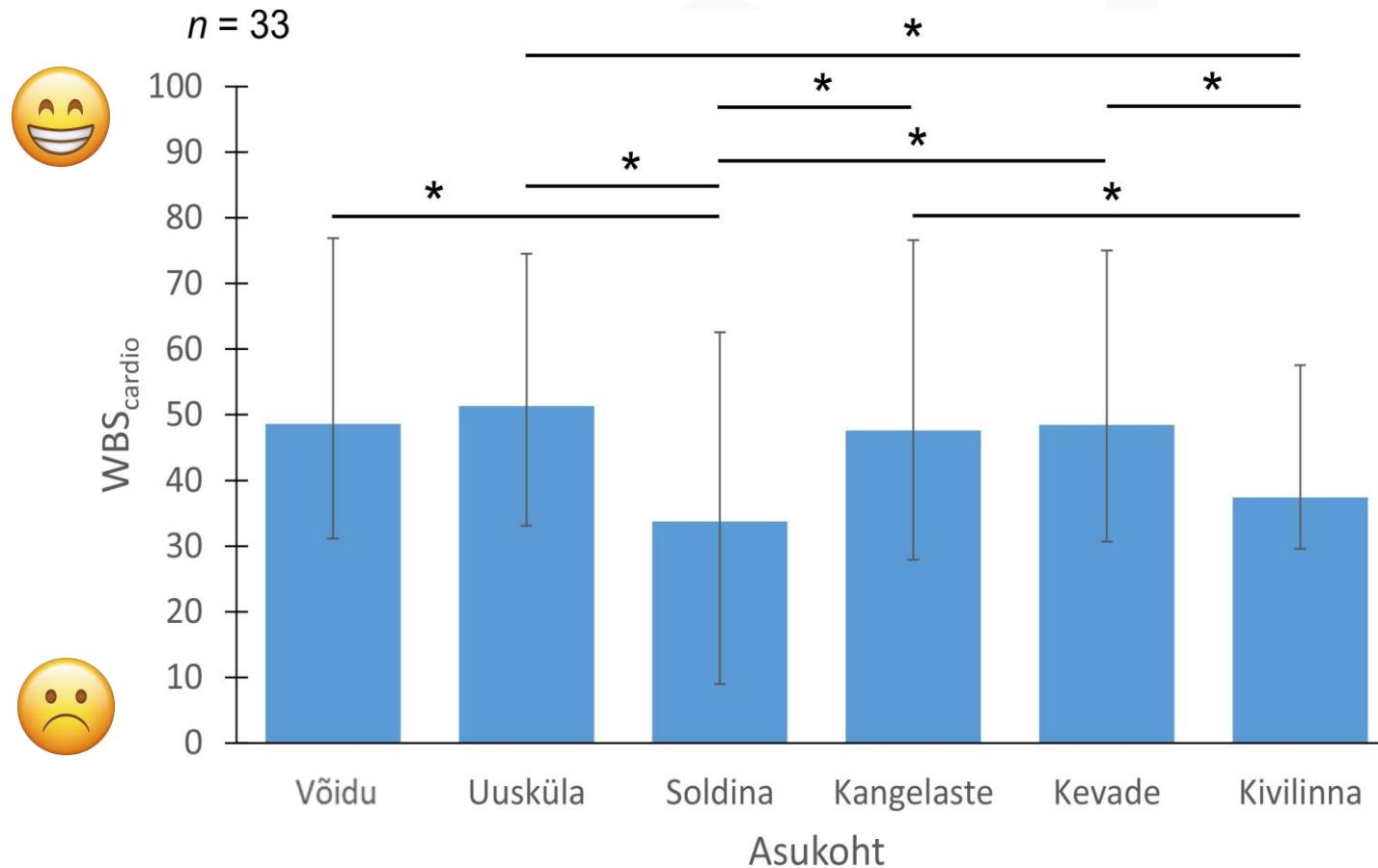


# Füsioloogiline heaolu skoor

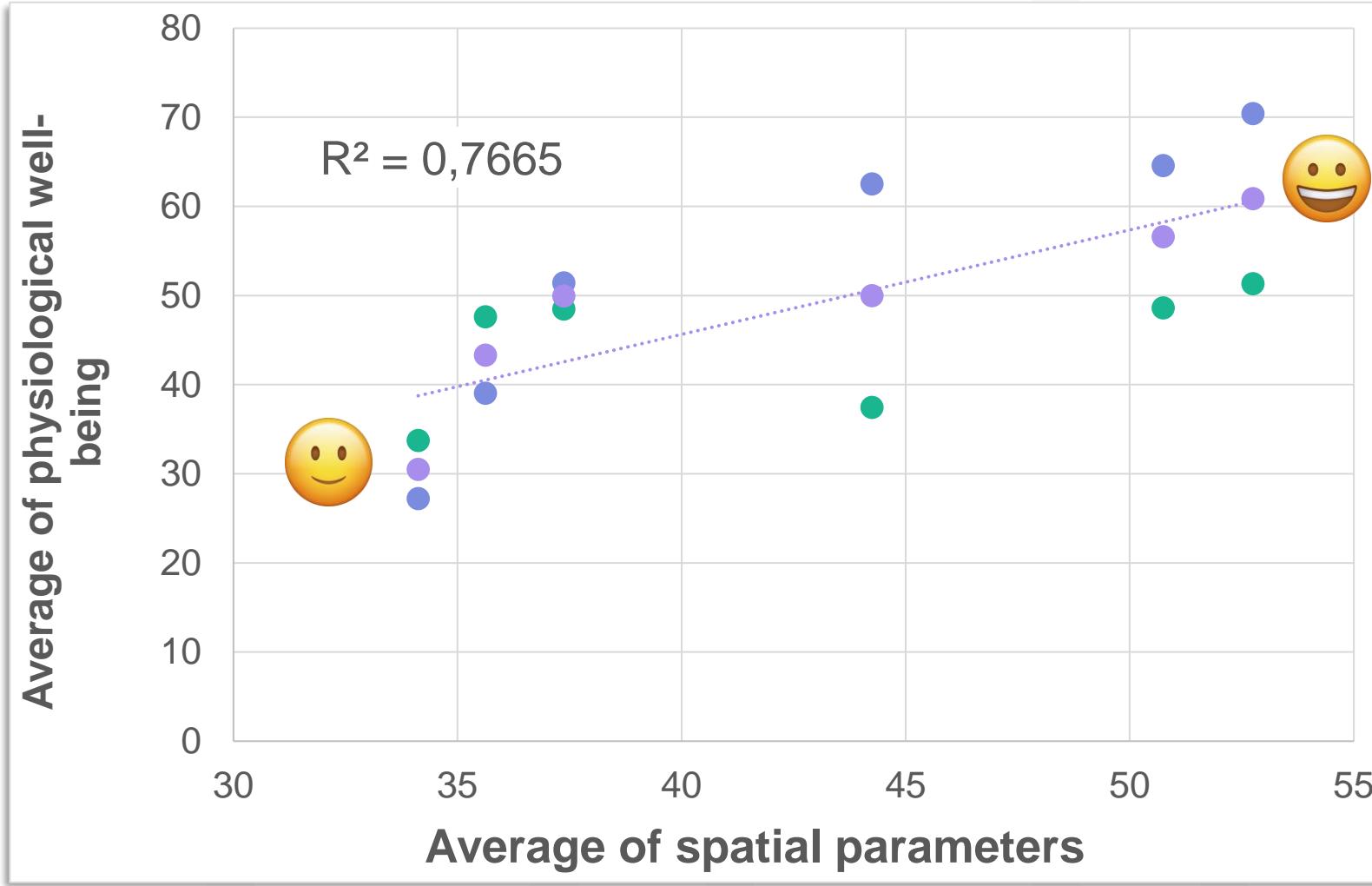
- $WBS_{Brain}$  - Ajusignaalide põhjal hinnatud füsioloogiline heaolu skoor
- $WBS_{Cardio}$  - Südame-veresoонkonna põhjal hinnatud füsioloogiline heaolu skoor
- $WBS_{Ph}$  - Integreeritud füsioloogiline heaolu skoor



# Füsioloogiliste mõõtmiste tulemused: südame-veresoonkonna signaalidega hinnatud heaolu



# Tugevad seosed

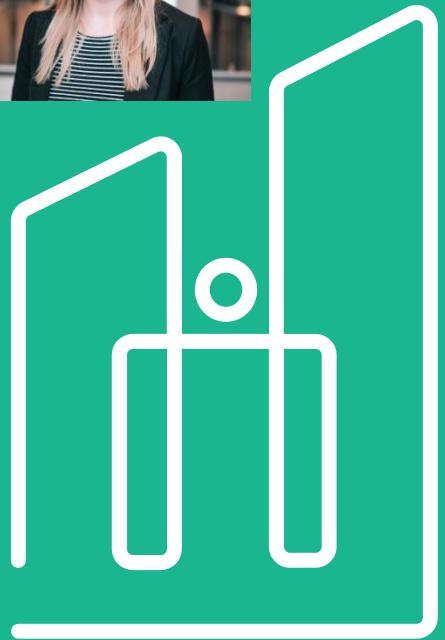


Tugev korrelatsioon  
füsioloogiliste ja  
ruumiliste näitajate  
vahel

# Linnaplaneerimise heaolu skoor

- Esmakordne omataoline katse füsioloogilise heaolu skoori hindamiseks linnaruumis multiparameetriliste füsioloogiliste mõõtmiste põhjal linnaelanikel
- Pakub võimaluse integreerida heaoluskoori meetod 3D-tehnoloogia ja virtuaalreaalsusega
- **Meetod terviseteadlikkuse võimestamiseks?**





**FinEst Centre**  
for Smart Cities

**NARVA**

[www.finestcentre.eu](http://www.finestcentre.eu)



Ardo Allik, Maie Bachmann,  
Damiano Cerrone, Fabian Dembski,  
Kaie Enno, Ivo Fridolin,  
Marietta Gavriljuk, Kristi Grišakov,  
Jackline Holter, Priit Ingver,  
Deniss Karai, Kaja Mädamürk,  
Kristjan Pilt, Viktorija Prilenskaja,  
Silver Sternfeldt, Peeter Tambu,  
Külle Tärnov



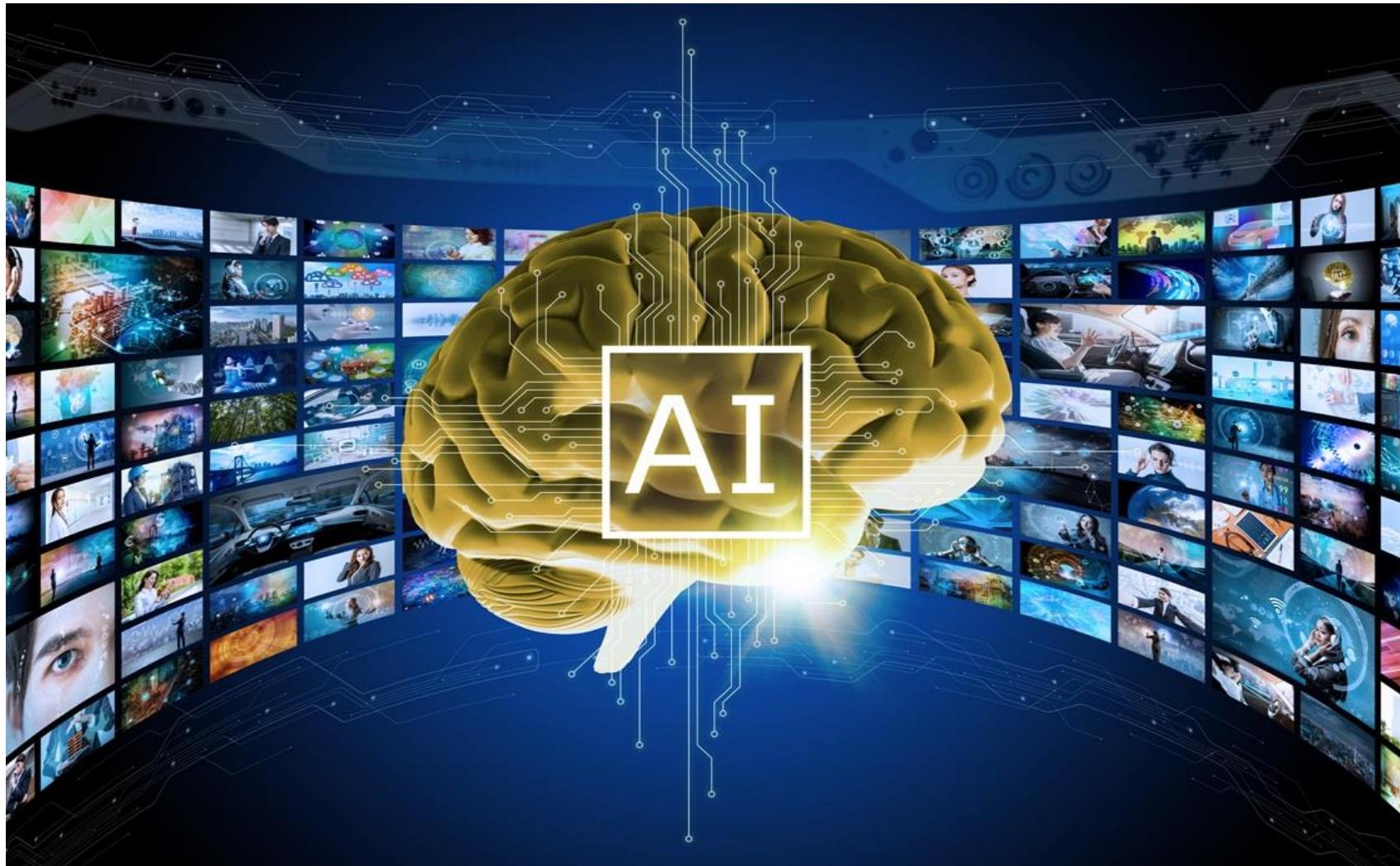
## Kontakt

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Külle Tärnov, [kulle.tarnov@taltech.ee](mailto:kulle.tarnov@taltech.ee)



Funded by  
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# MEDITSIINI(TEHNika) TULEVIK - TEHISINTELLEKT?



*Foto: chombosan/iStock*

## TEHISINTELLEKT: *UNBIGGEN AI*

*Unbiggen AI* on tehisintellektil põhinev tehnoloogia, mis on loodud selleks, et aidata organisatsioonidel hallata ja analüüsida suuri andmehulki tõhusalt ja kulutõhusalt. See saavutatakse andmete kompressioonialgoritmide ja masinõppetehnikate abil, et vähendada andmete hulka nende kvaliteeti ohverdamata.



<https://emeritus.org/in/learn/role-of-artificial-intelligence-in-the-industry/>

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TECH**

Allikas (ENG): <https://datasciencedojo.com/blog/unbiggen-ai-solutions/#>

**“In many industries where giant data sets simply don’t exist, I think the focus has to shift from big data to good data. Having 50 thoughtfully engineered examples can be sufficient to explain to the neural network what you want it to learn.”**  
**—Andrew Ng, CEO & Founder, Landing AI**

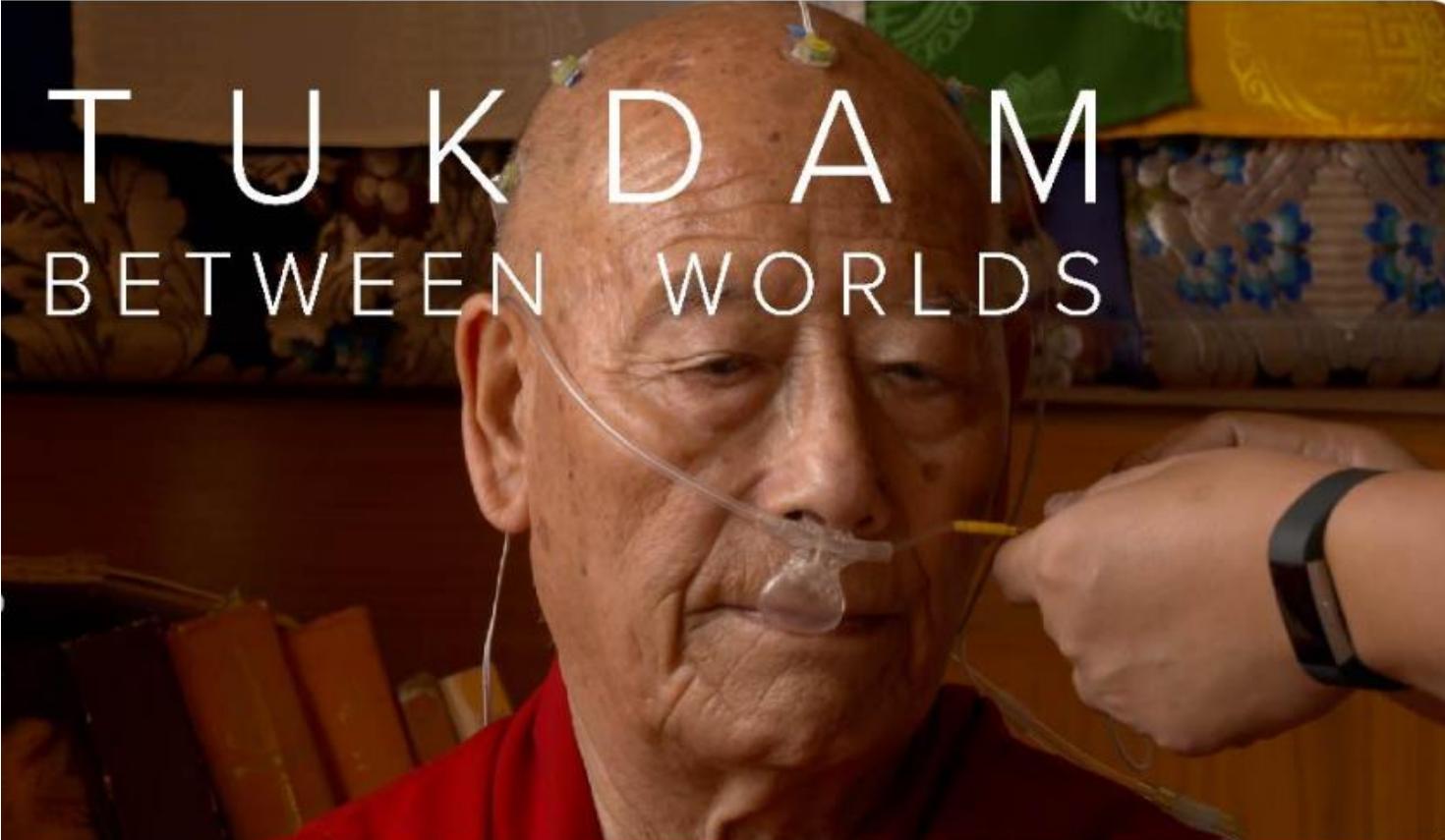
<https://spectrum.ieee.org/andrew-ng-data-centric-ai>

# TERVISETEHNOLOOGIATE ÕPE JA NÄHTAVUSE SUURENDAMINE



<https://www.youtube.com/watch?v=cyL9gKSc8G4>, <https://www.youtube.com/watch?v=3agaVwt0tb8>

## ELUST JA SURMAST – TEADUSPÕHISELT



Dokumentaalfilm "Tukdam: Between Worlds" („Tukdam: maailmade vahel“)

<https://www.imdb.com/title/tt21945758/>

♪ «Ma ei usu enam, et teadvus kaob kliinilise surmaga»

*režissöör Donagh Coleman*



<https://www.waisman.wisc.edu/staff/davidson-richard/>

## KOOSTÖÖ TEADUSTE AKADEEMIAGA



- Eesti riigi ja ettevõtete uute tervisetehnoloogiate ja -teenuste alane teadmine
- Meditsiini- ja tervisetehnoloogia valdkonna õpe noortele
- Meditsiini- ja tervisetehnoloogia valdkonna nähtavuse suurendamine
- Terviseteadlikkuse ja -oskuste parendamine ühiskonnas
- Valdkondadeüleste koostöövõimaluste loomine
- Akadeemia töös osalemine n ekspertkomisjonide kaudu
- Elu ja surma mõtestamine – teaduspõhiselt, inimlikult



*Health is the greatest wealth!*

Ülemaks kui hõbevara,  
kallimaks kui kullakoorem  
tuleb ~~tarikust~~ tervist  
tunnistada!