



UNIVERSITY OF TARTU



Digging genomes to understand our past - modern tools for old puzzles

Mait Metspalu

INSTITUTE OF GENOMICS

29.06.2021

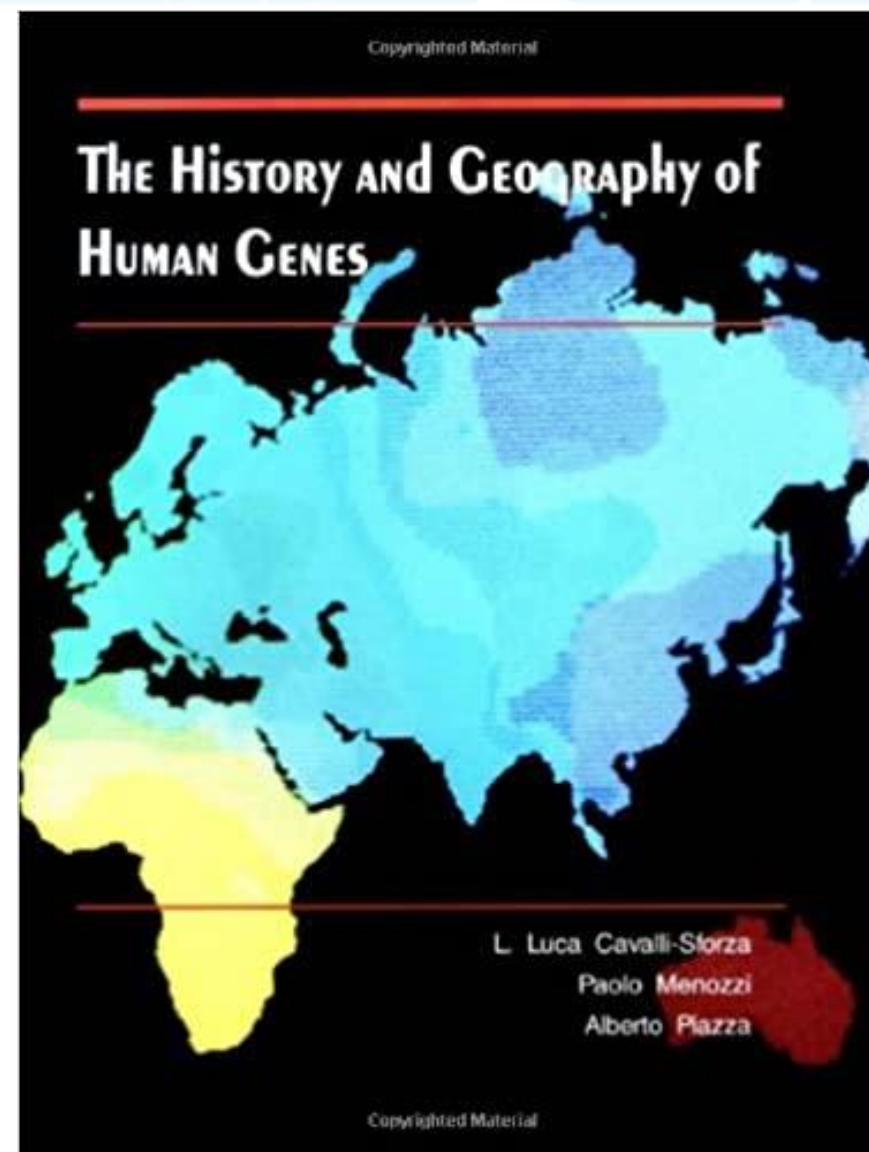
(Human) genetic diversity is shaped by

- **demographic (evolutionary) history (genetic drift)**
 - Time depth of most recent common ancestor
 - Migratory patterns
 - Admixture patterns
 - ...
- natural selection
- culture

Hence we can learn about our demographic history, natural selection and even culture by studying (the genesis of) genetic diversity

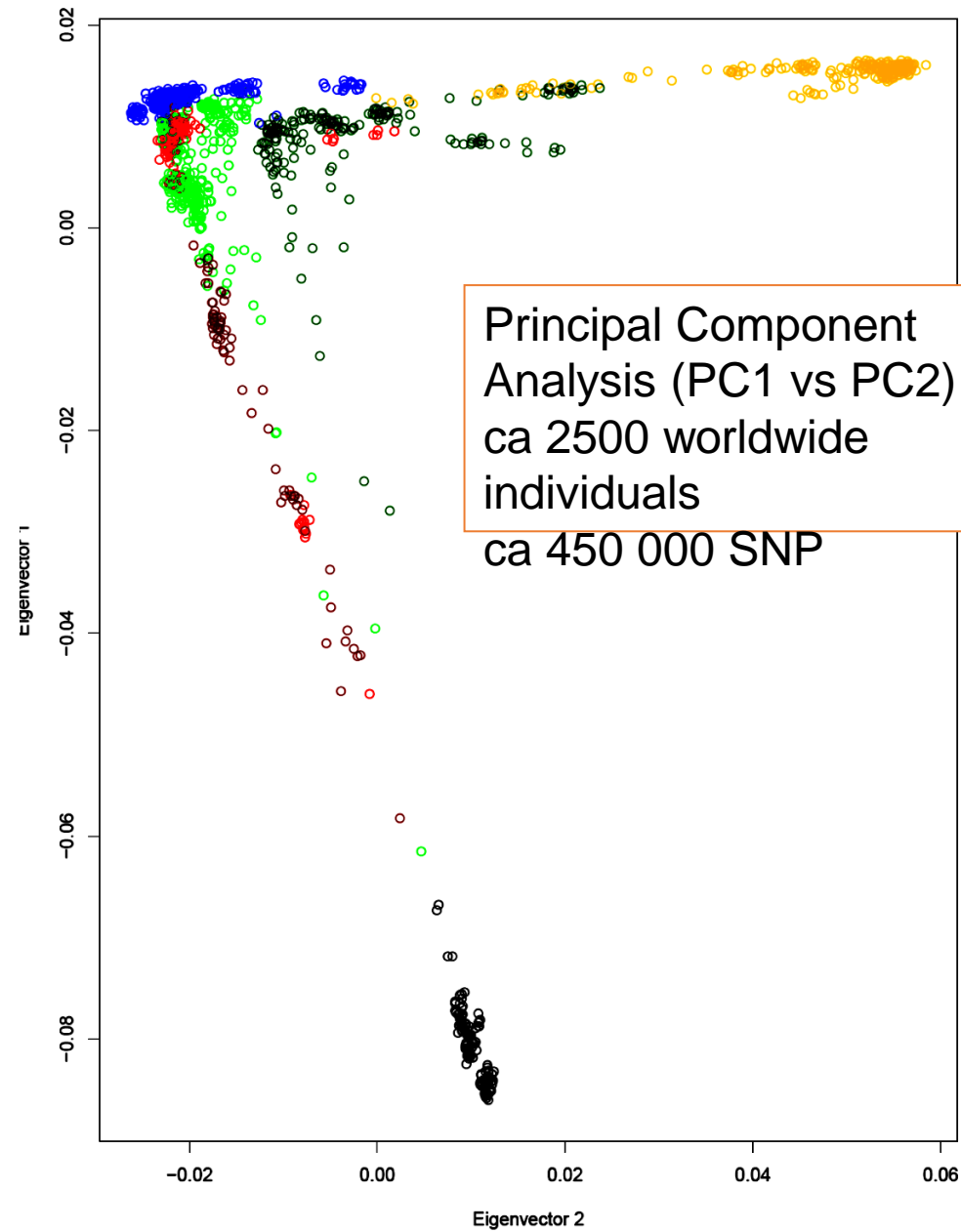
Principal components analysis

- Invented by Karl Pearson in 1901
- Reduces complexity in the dataset. Creates synthetic characters, which do not correlate with each other and orders them by the amount of variation explained*.
- Goes by many names
- Made mainstream in population genetics in the “bible” published in 1994
- PCA describes variation in the sample being completely oblivious to the processes which create the variation
- Most of the genome evolves over time through random genetic drift (and not natural selection). The more time has passed since the split between two populations, the more genetically different they become. In most cases this separation translates also to geographical distance. Hence PCA on genetic data often mirrors geography of the populations.
- Most population genetics papers include a PCA plot



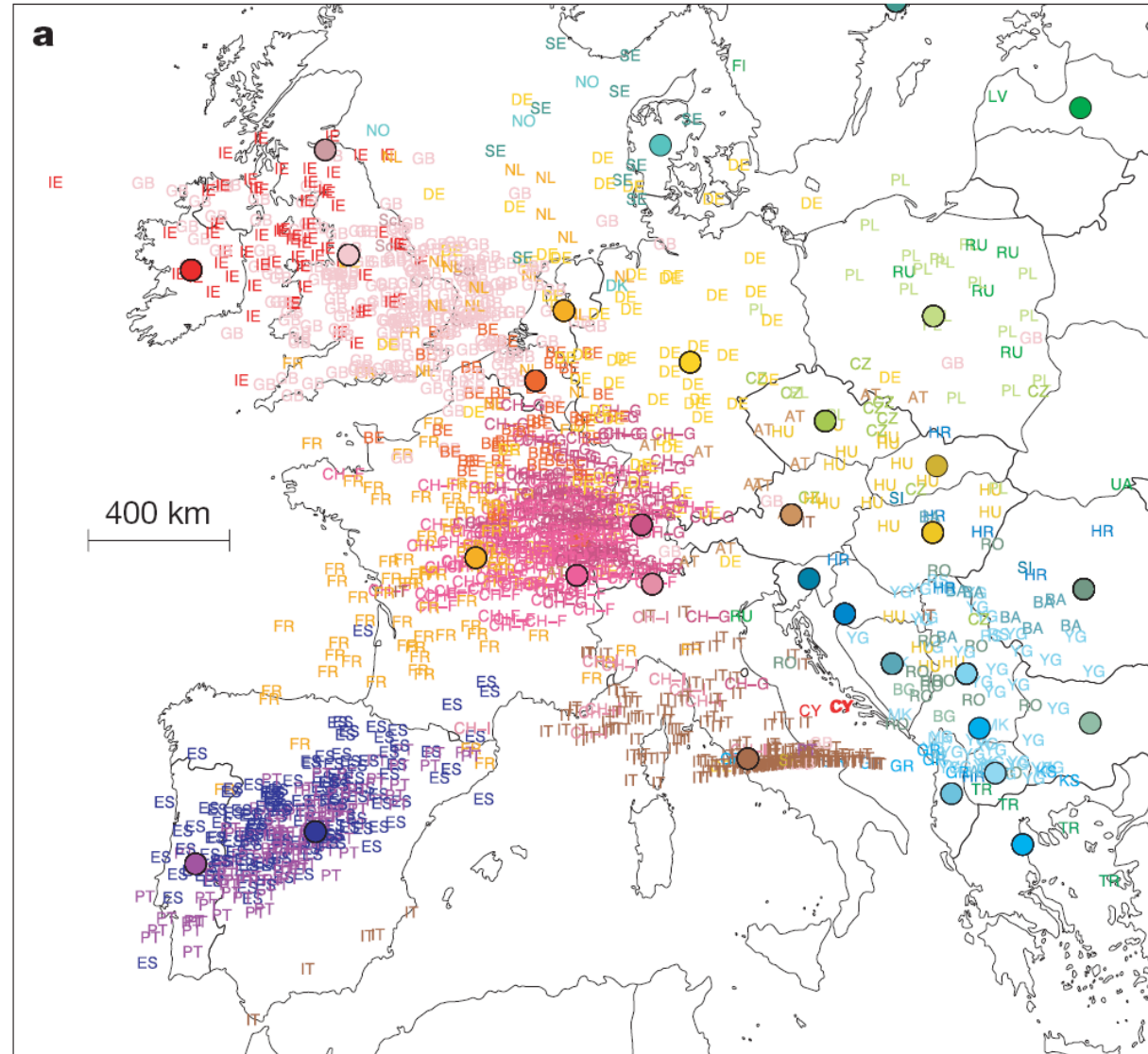
the “bible”

small PCA plot with rings font_family=serif; LD pruning:200, $r^2 > 0.4$; Yunusbaev BB; 21 Oct 21



Genes mirror geography within Europe

John Novembre^{1,2}, Toby Johnson^{4,5,6}, Katarzyna Bryc⁷, Zoltán Kutalik^{4,6}, Adam R. Boyko⁷, Adam Auton⁷, Amit Indap⁷, Karen S. King⁸, Sven Bergmann^{4,6}, Matthew R. Nelson⁸, Matthew Stephens^{2,3} & Carlos D. Bustamante⁷



INSIGHT
Exoplanets

nature

THE INTERNATIONAL WEEKLY JOURNAL OF SCIENCE

MELTING POT

THREE ANCESTRAL POPULATIONS
FOR MODERN EUROPEANS

PAGE 409

INSIDE THIS ISSUE

*Inclusive science
is better science*A NATURE AND SCIENTIFIC AMERICAN
SPECIAL ISSUE ON DIVERSITY

REVIEWS

**AUTUMN BOOKS
SPECIAL**E. O. Wilson, Steven Pinker,
Naomi Klein and more

PAGE 306



ANIMAL BEHAVIOUR

**BORN TO
GET WILD**Chimpanzees don't need
our help to be aggressive

PAGES 321 & 414

GEODYNAMICS

**ORIGIN OF PLATE
TECTONICS**Did continental spread
kick-start continental drift?

PAGE 405

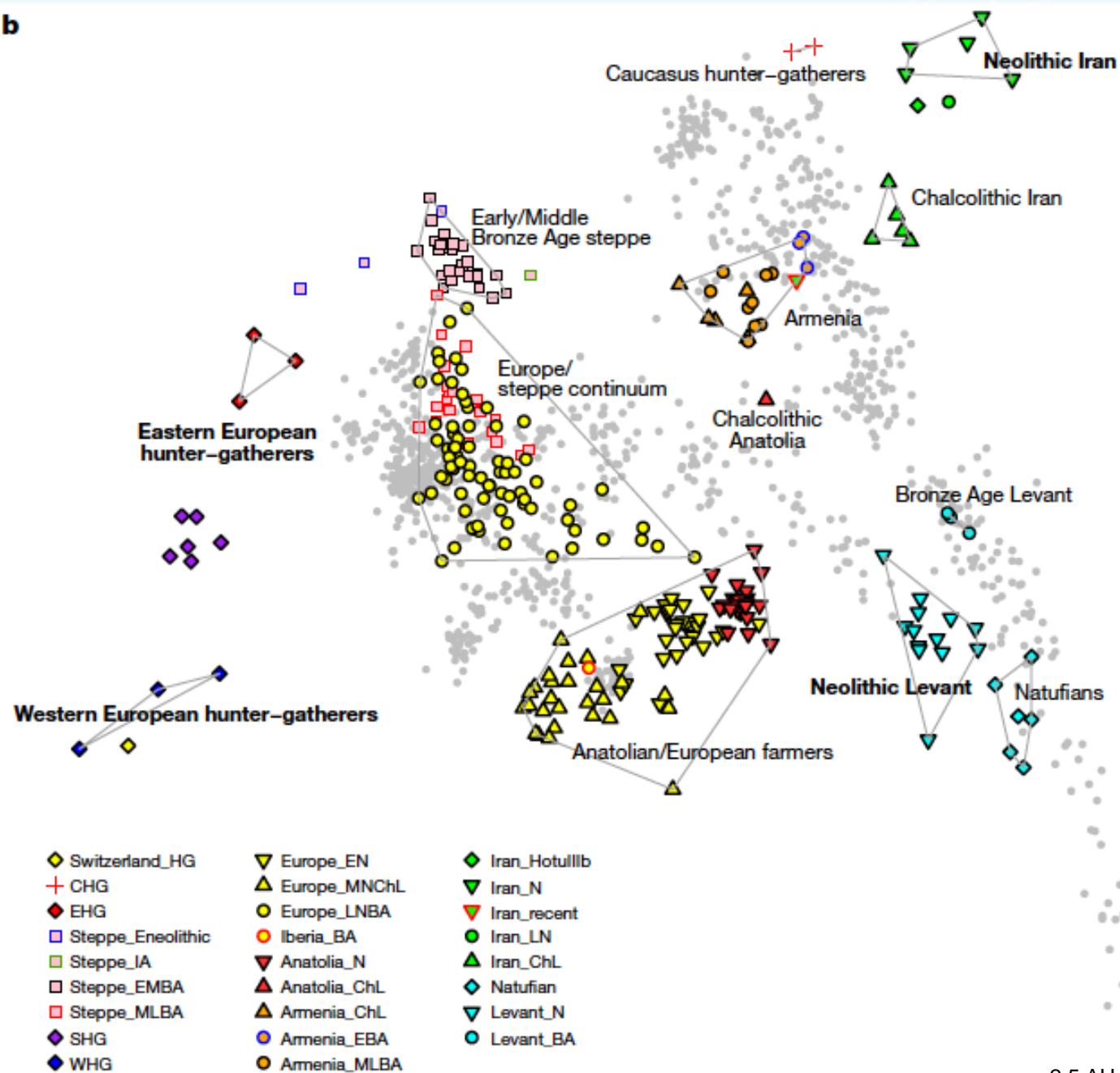
NATURE.COM/NATURE

18 September 2014 £10

Vol. 513, No. 7518



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b


Extensive Farming in Estonia Started through a Sex-Biased Migration from the Steppe

Lehti Saag,^{1,2,16,*} Liivi Varul,³ Christian Lyn Scheib,⁴ Jorip Stenderup,⁵ Morten E. Allentoft,⁶ Lauri Saag,⁷ Luca Pagani,⁸ Merve Fildes,⁹ Kristina Tambets,¹⁰ Ene Metspalu,¹ Aivar Kriska,¹ Ene Wilander,¹¹ Toomas Kivisild,^{1,2} and Mait Metspalu^{1,2}

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²Estonian Biocentre, Tartu 51010, Estonia
³School of Biosciences, Tallinn University, Tallinn 10130, Estonia
⁴Department of Archaeology and Anthropology, University of Cambridge, Cambridge CB2 3QJ, UK
⁵Centre for GeoGenetics, Natural History Museum of Denmark, University of Copenhagen, Copenhagen 1350, Denmark
⁶Department of Archaeology, Institute of History and Archaeology, University of Tartu, Tartu 51014, Estonia
⁷Lehti Saag

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 https://doi.org/10.1016/j.cub.2017.06.020



11,000 ya

Mesolithic

Kunda

Narva



6,000 ya

Neolithic

Comb Ceramics



4,900 ya

Corded Ware



3,800 ya

Bronze Age



2,600 ya

Iron Age



700 ya

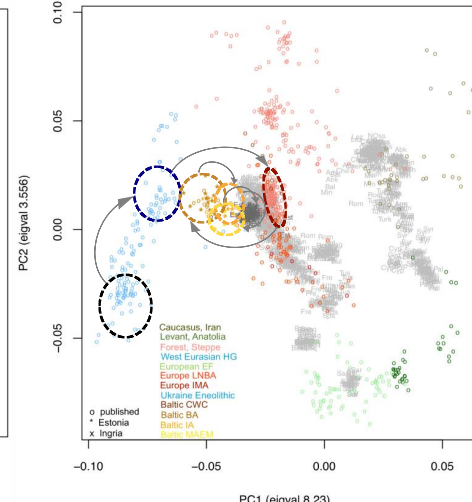
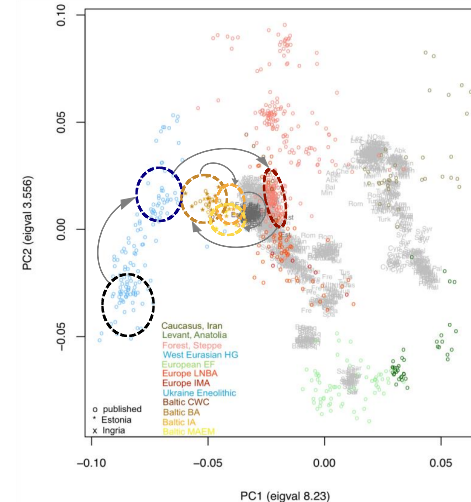
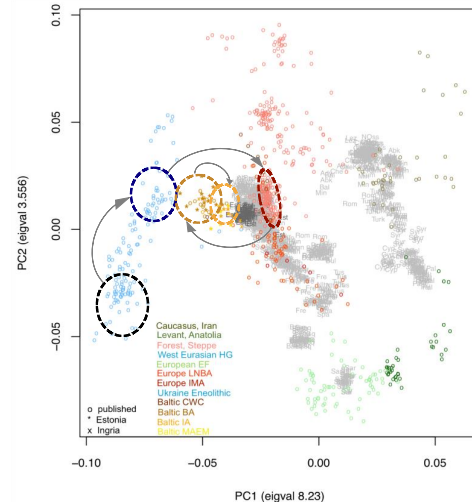
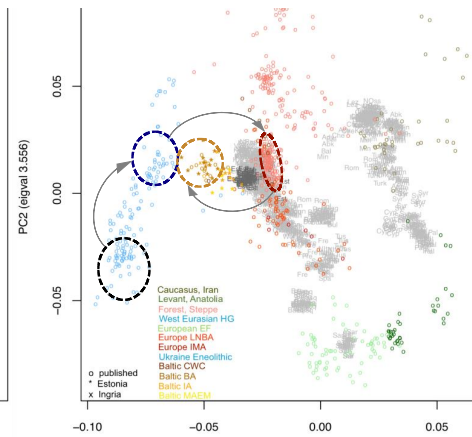
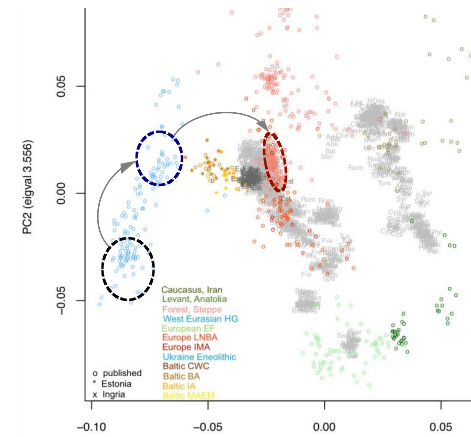
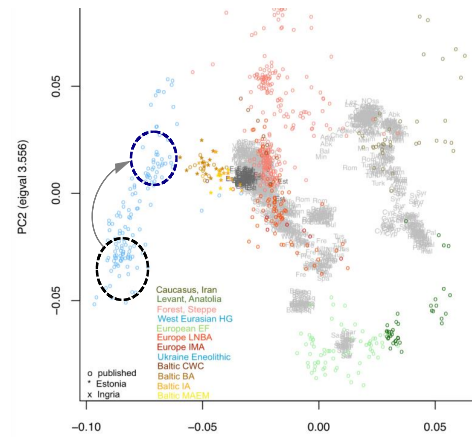
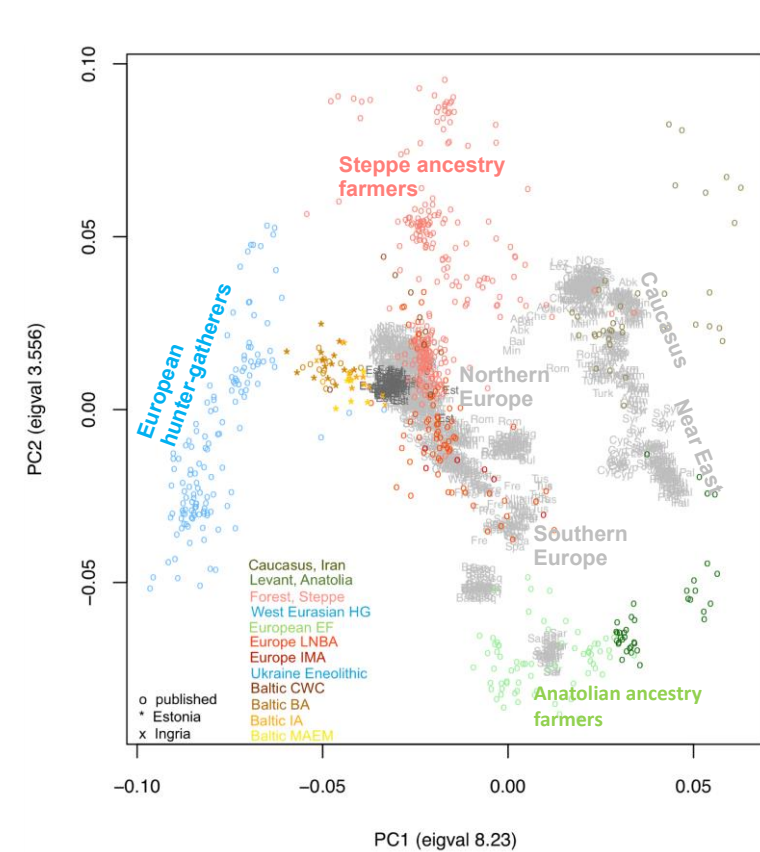
Middle Ages

hunting-gathering

farming

The Arrival of Siberian Ancestry Connecting the Eastern Baltic to Uralic Speakers further East

Lehti Saag,^{1,2,16,*} Margot Laneman,³ Liivi Varul,⁴ Martin Malve,⁵ Heiki Valk,⁶ Maria A. Razzak,⁷ Ivan G. Shirobokov,⁸ Valeri I. Khartanovich,⁹ Elena R. Mikhaylova,⁷ Alena Kushniarevich,¹ Christiana Lyn Scheib,¹ Anu Solnik,¹ Tuuli Reisberg,¹ Jüri Park,^{1,2} Lauri Saag,¹ Ene Metspalu,¹ Siiri Rootsi,¹ Francesco Montinaro,¹ Maito Remm,⁸ Reedik Mägi,⁹ Eugenia D'Atanasio,¹⁰ Enrico Rytunosuke Crema,¹¹ David Diez-del-Molino,^{12,13} Mark G. Thomas,^{14,15} Aivar Kriska,³ Toomas Kivisild,^{1,2,10} Richard Villems,^{1,2} Valter Lang,¹ Mait Metspalu,¹ and Kristina Tambets^{1,2}

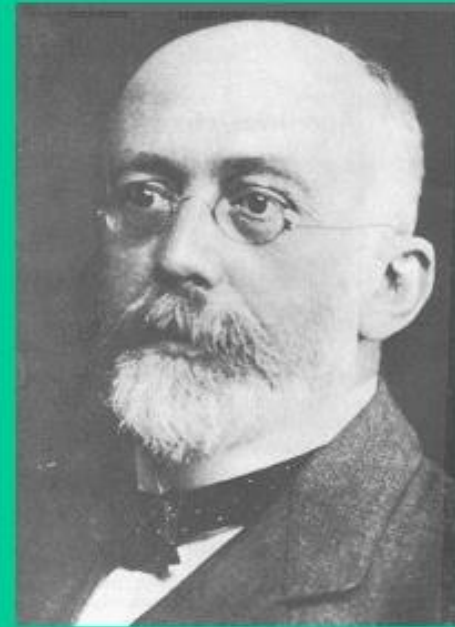


The Hardy-Weinberg equilibrium

“A fundamental principle in population genetics stating that the genotype frequencies and gene frequencies of a large, randomly mating population remain constant provided immigration, mutation, and selection do not take place.” *American Heritage Dictionary*



Godfrey Harold Hardy
1877-1947



Wilhelm Weinberg
1862-1937

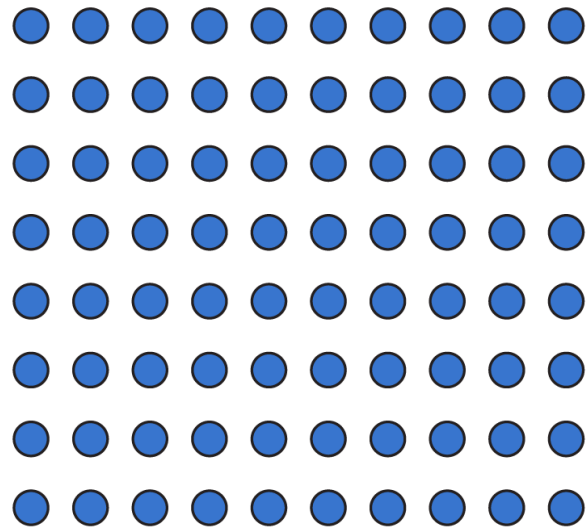
Gene variants = alleles (A_1 , A_2 ; frequencies p and q)

In diploid organisms (such as us) two alleles of a gene are present = genotypes (A_1A_1 , A_1A , A_2A_2 ; frequencies P, Q, R)

In case of random combination of alleles, genotype frequencies are given by Hardy-Weinberg proportions:

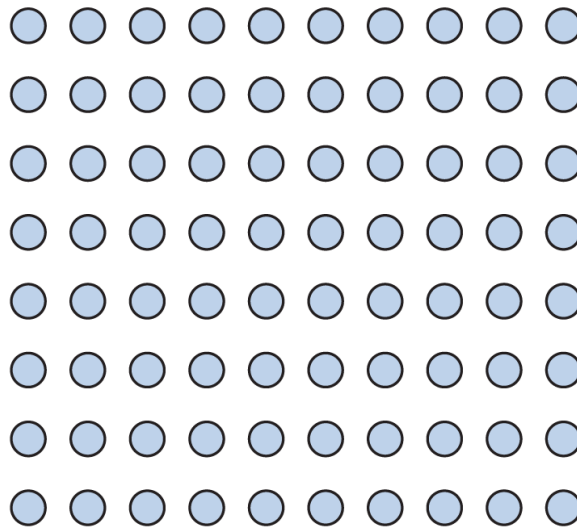
$$P=p^2; Q=2pq; R=q^2$$

Population 1

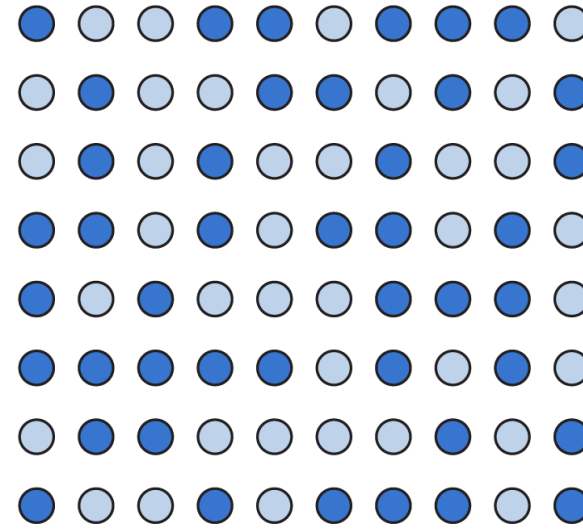


Random mating (combination of alleles) within population.
Hardy-Weinberg equilibrium holds: genotype frequencies are predicted from allele frequencies

Population 2



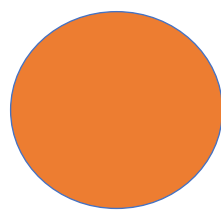
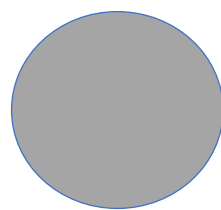
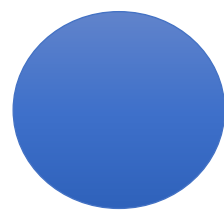
Mixture of samples



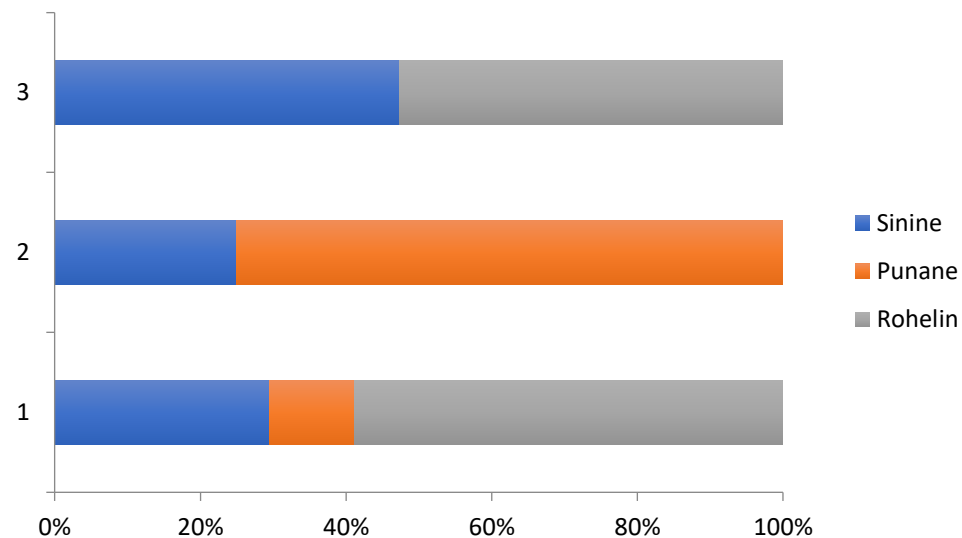
Nonrandom mating (combination of alleles).
Hardy-Weinberg equilibrium does not hold: genotype frequencies cannot be predicted from allele frequencies

If we manage to sort the samples correctly into populations, we will recover HW equilibrium!

Proportions of “ancestral” components in a genetic profile of an individual



K3 - 3 “ancestral populations”

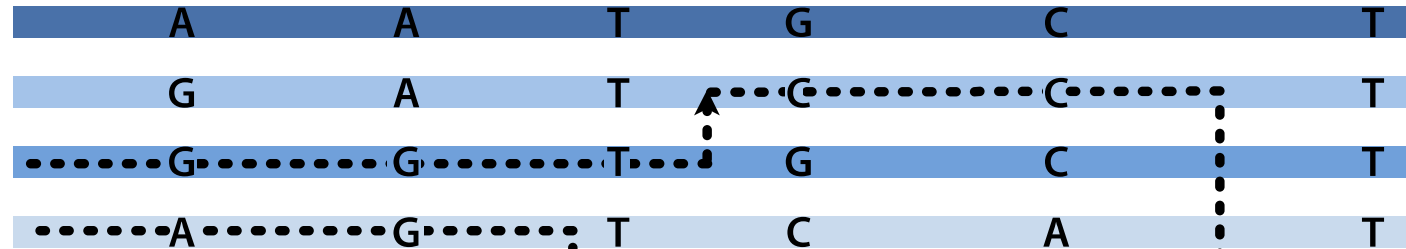


“Ancestry” proportions for individuals 1 to 3

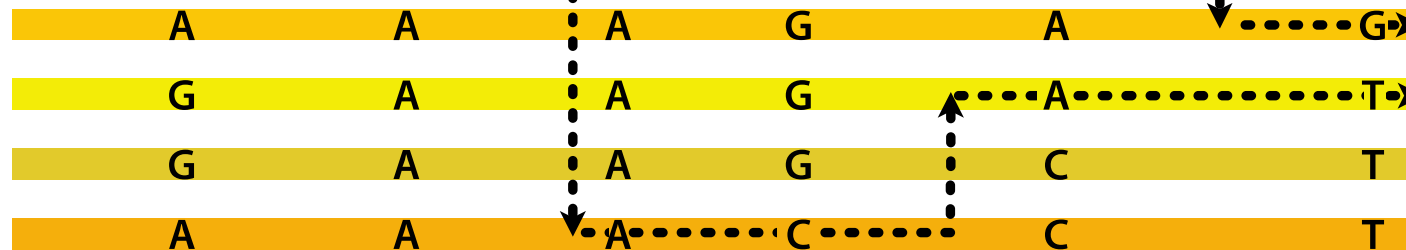


Genetic variation is organized in haplotypes – arrays of variants along the chromosome that are shared by multiple genomes. One can “paint” a target chromosome by copying arrays of variants from a set of reference genomes.

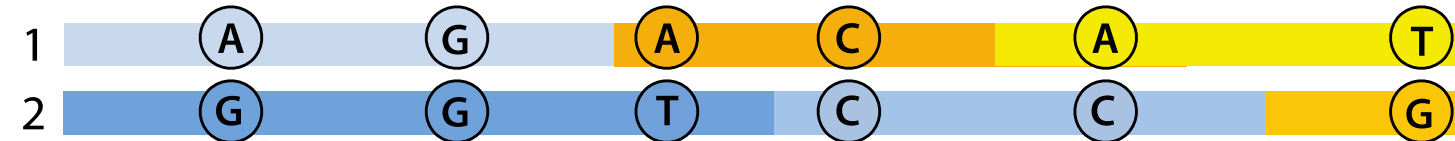
Haplotypes from population 1



Haplotypes from population 2



Haplotypes of admixed individual

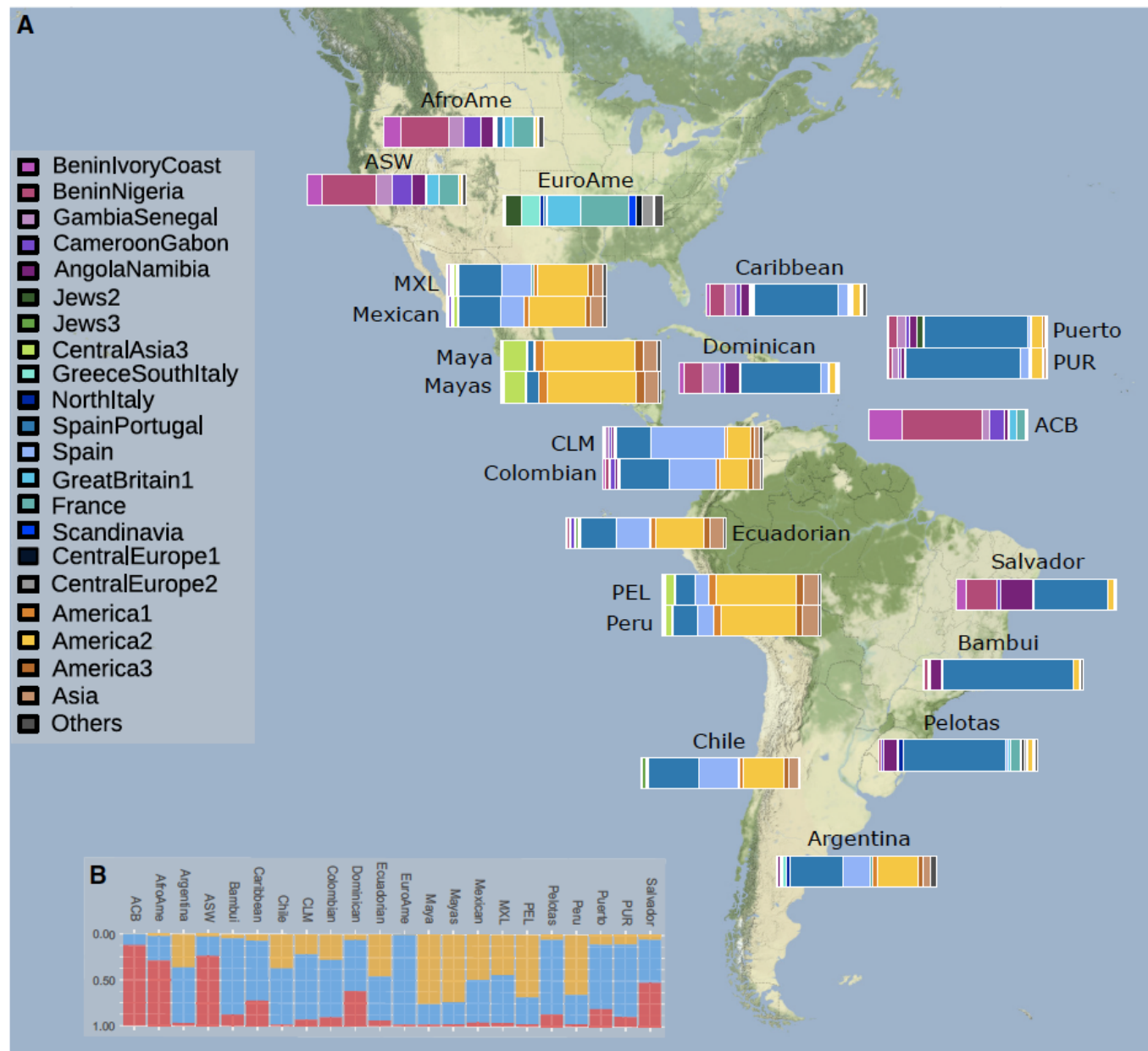


Observed genotypes

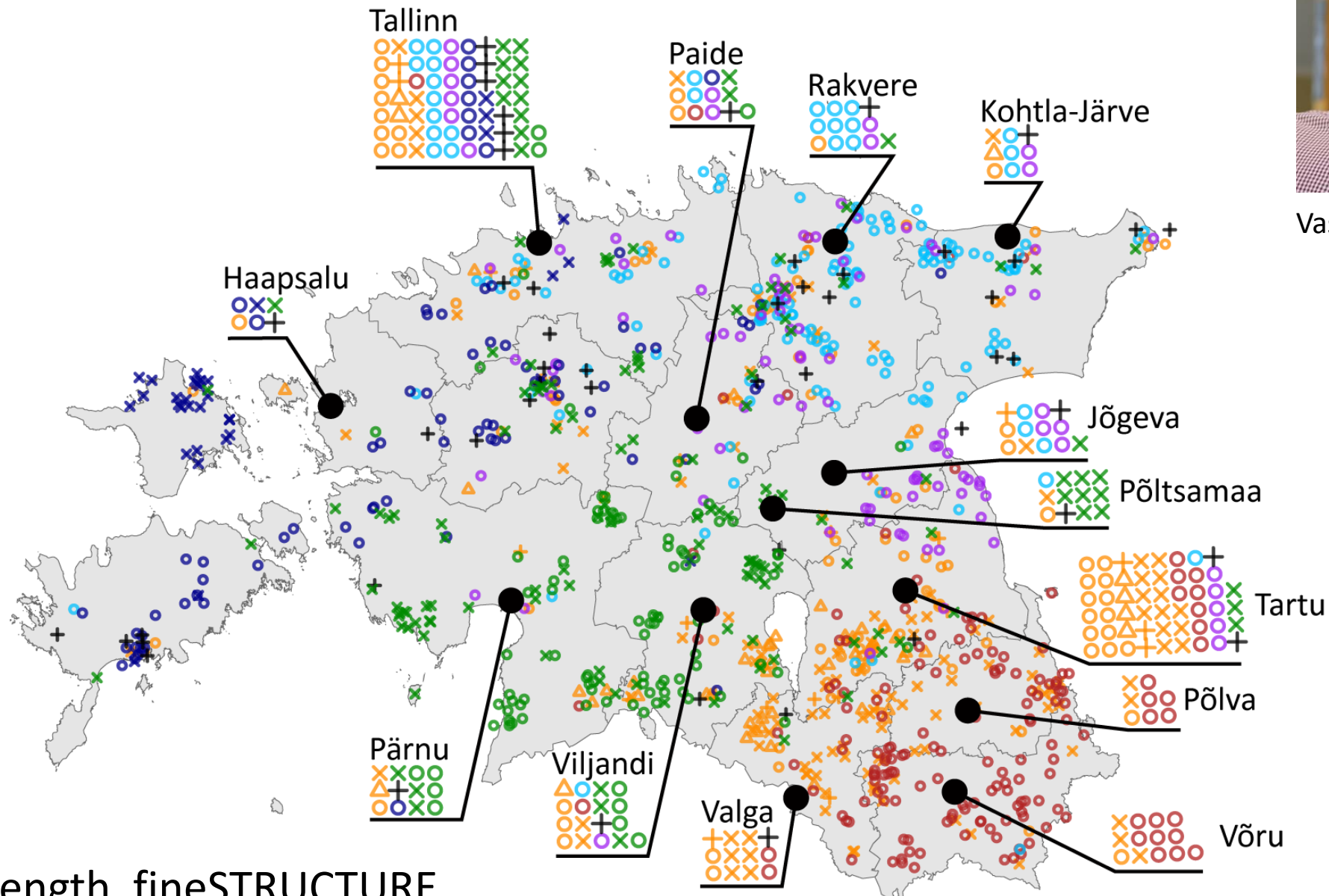
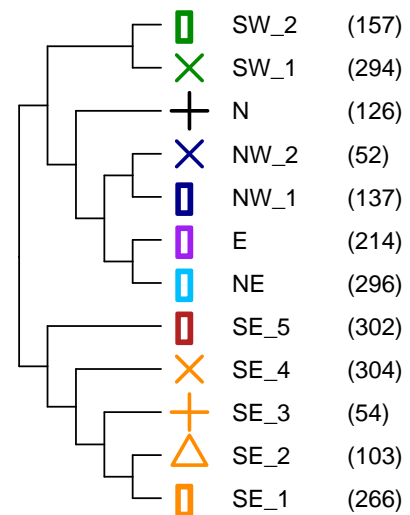
A/G G/G A/T C/C A/C T/G

Inference of population structure using dense haplotype data
Daniel John Lawson¹, Garrett Hellenthal², Simon Myers^{1,3} and Daniel Falush^{1,4,*}

¹ Department of Mathematics, University of Bristol, Bristol, BS8 1TW, UK
² Wellcome Trust Center for Human Genetics, Roosevelt Drive, Oxford, OX3 7BN, UK
³ Department of Statistics, University of Oxford, Oxford, OX1 3TG, UK
⁴ Environmental Research Institute, University College Cork, Ireland and Max Planck Institute for Evolutionary Anthropology, 04103 Leipzig Germany
*Both authors contributed equally.



Genetic structure of Estonians based on ~2300 genomes



Vasili Pankratov

IBD > 2cM, total length, fineSTRUCTURE

(Human) genetic diversity is shaped by

- demographic (evolutionary) history (genetic drift)
- **natural selection**
- culture

From the genomic perspective natural selection is change in allele frequency over generations FASTER than would be expected by random genetic drift.

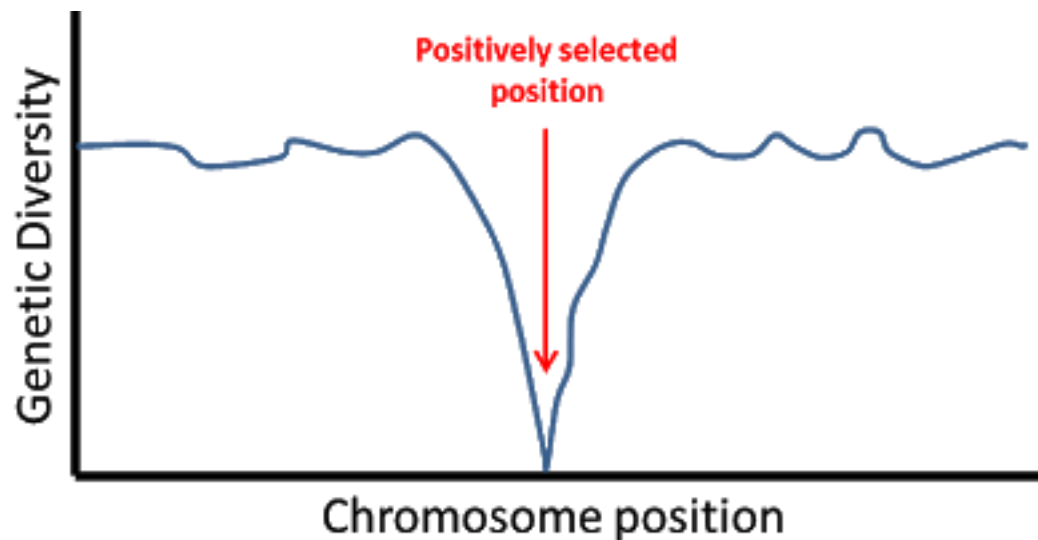
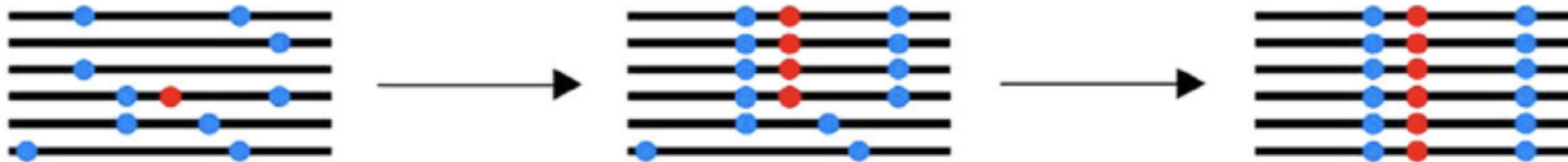
How to detect?

- Detect genetic sweeps
- Observe “directly” using ancient DNA

Selective sweep

Booker et al. BMC Biology (2017) 15:98

a Incomplete,
then complete
hard sweep

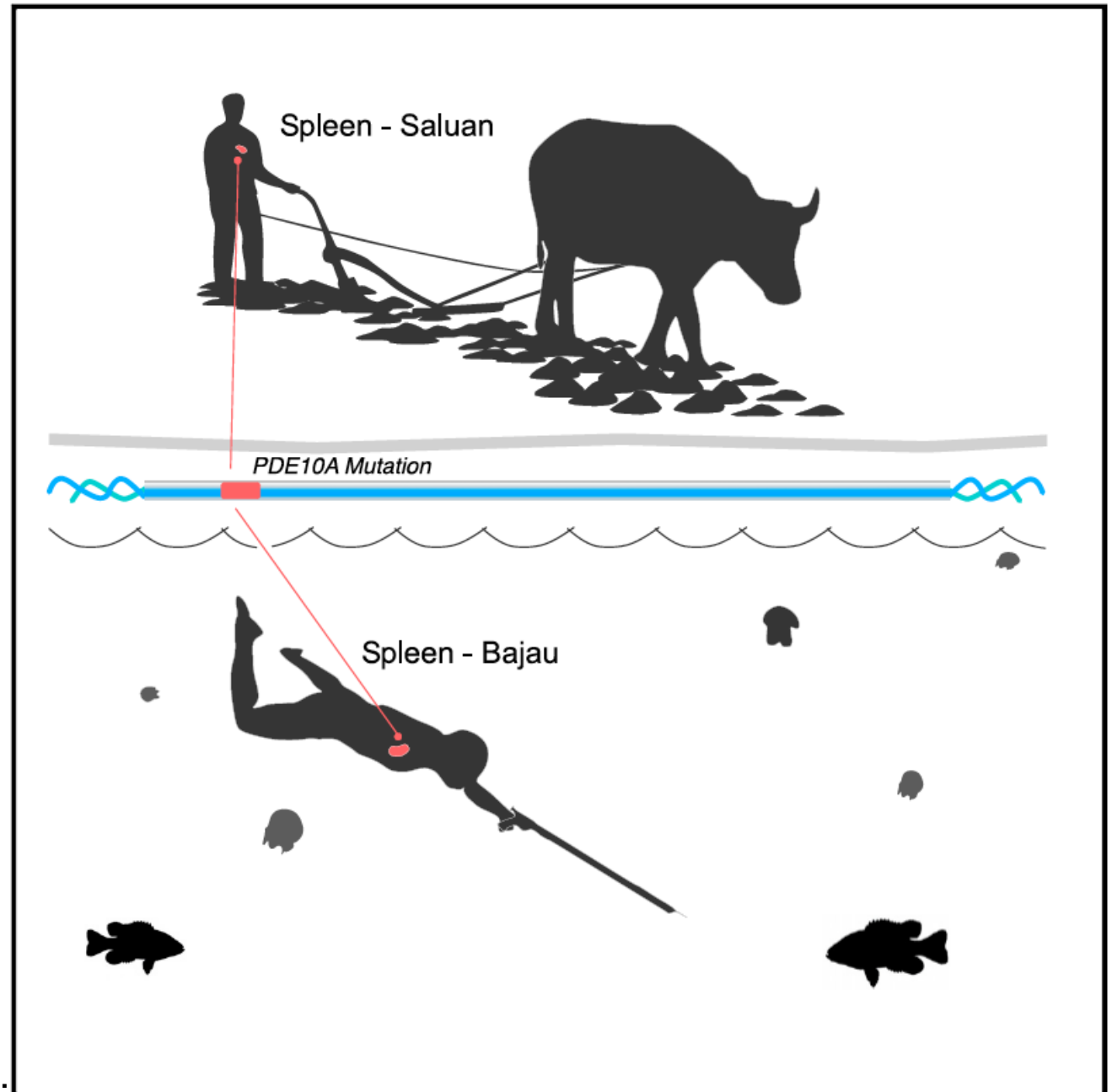


Adaptation to our lifestyle (How do we live)

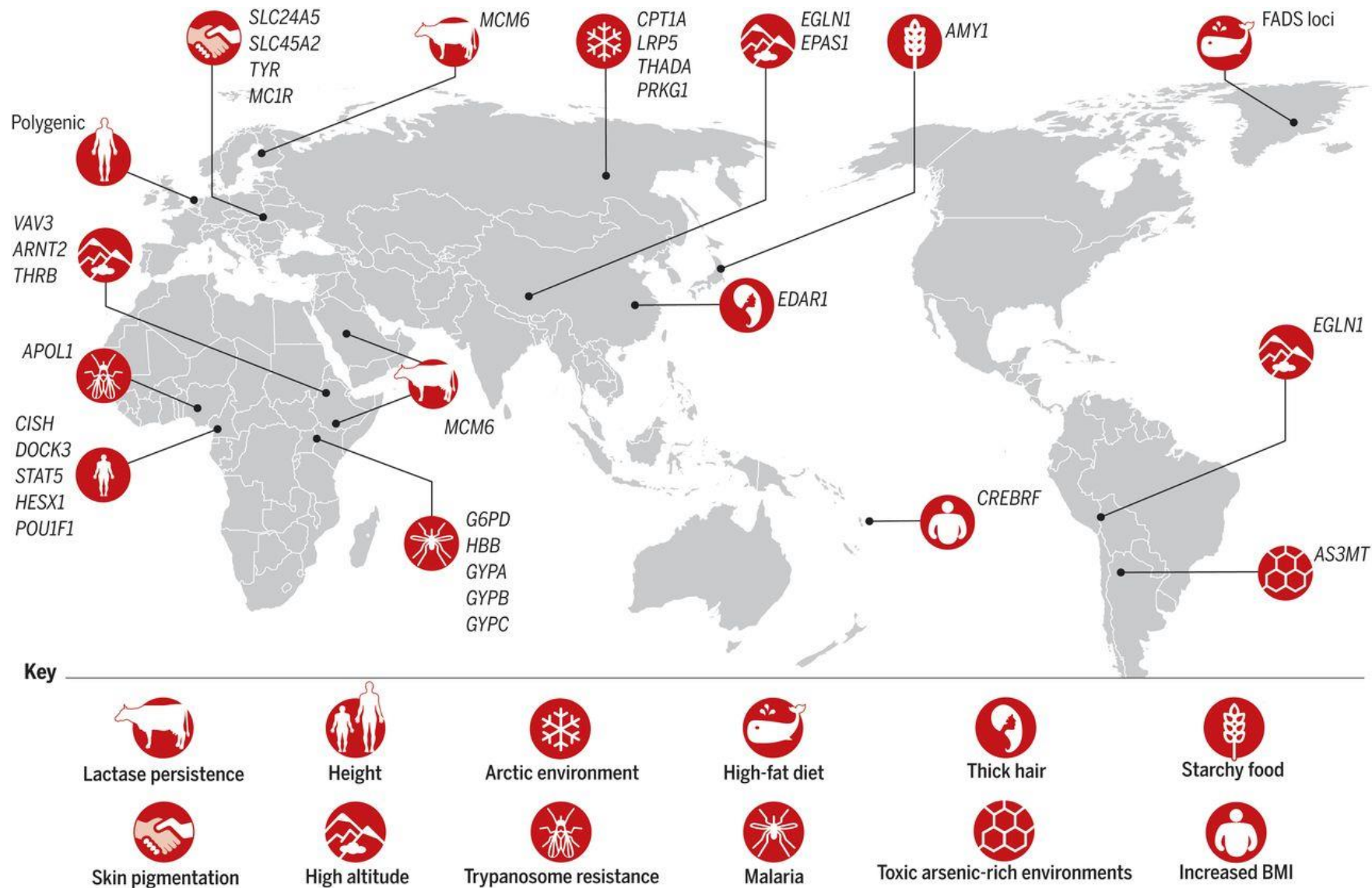


Bajau “Sea Nomads” have been free diving for thousands* of years

The spleens on the Bajau have increased in size through natural selection (quite like in sea otters). Spleen holds a reservoir of oxygen-rich blood. Quite helpful if diving for livelihood



Examples of regional natural selection in humans

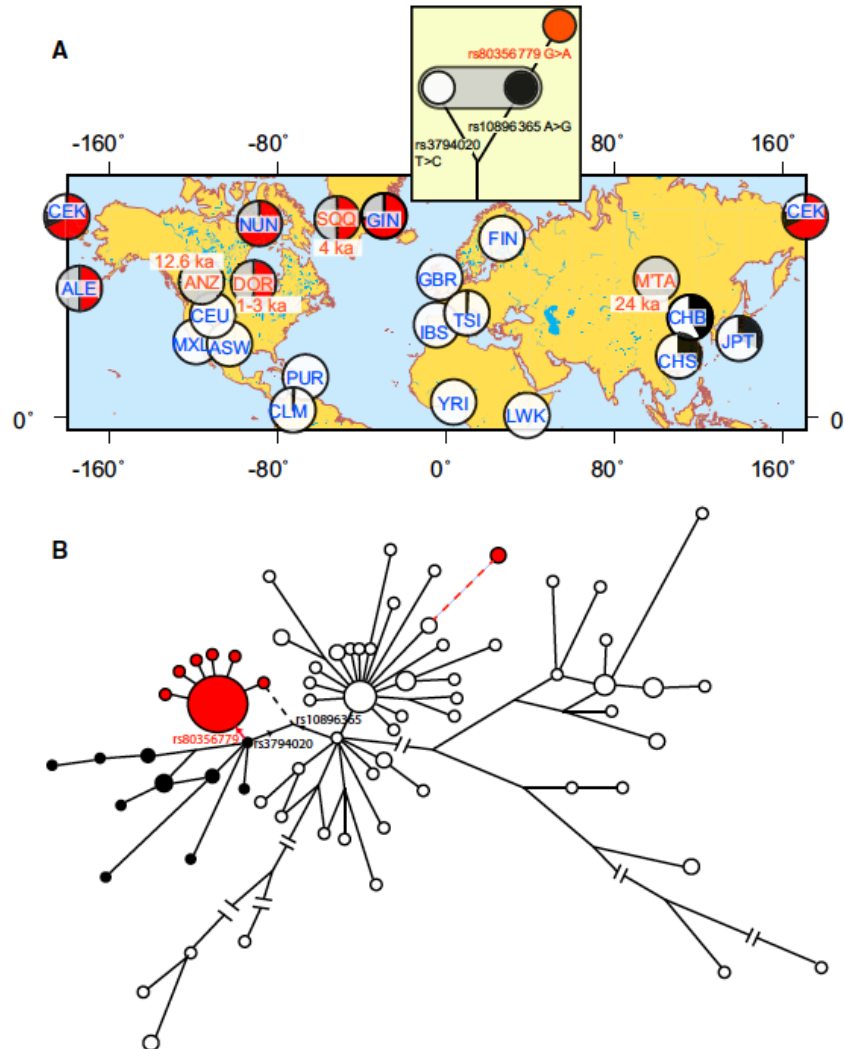


Natural selection is not perfect - „side effects“

REPORT

A Selective Sweep on a Deleterious Mutation in *CPT1A* in Arctic Populations

Florian J. Clemente,^{1,19} Alexia Cardona,^{1,19,*} Charlotte E. Inchley,¹ Benjamin M. Peter,² Guy Jacobs,^{3,4} Luca Pagani,¹ Daniel J. Lawson,⁵ Tiago Antão,⁶ Mário Vicente,¹ Mario Mitt,⁷ Michael DeGiorgio,⁸ Zuzana Faltyskova,¹ Yali Xue,⁹ Qasim Ayub,⁹ Michal Szpak,⁹ Reedik Mägi,⁷ Anders Eriksson,^{10,11} Andrea Manica,¹⁰ Maanasa Raghavan,¹² Morten Rasmussen,¹² Simon Rasmussen,¹³ Eske Willerslev,¹² Antonio Vidal-Puig,^{9,14} Chris Tyler-Smith,⁹ Richard Villems,^{15,16,17} Rasmus Nielsen,² Mait Metspalu,^{15,16} Boris Malyarchuk,¹⁸ Miroslava Derenko,¹⁸ and Toomas Kivisild^{1,16,*}

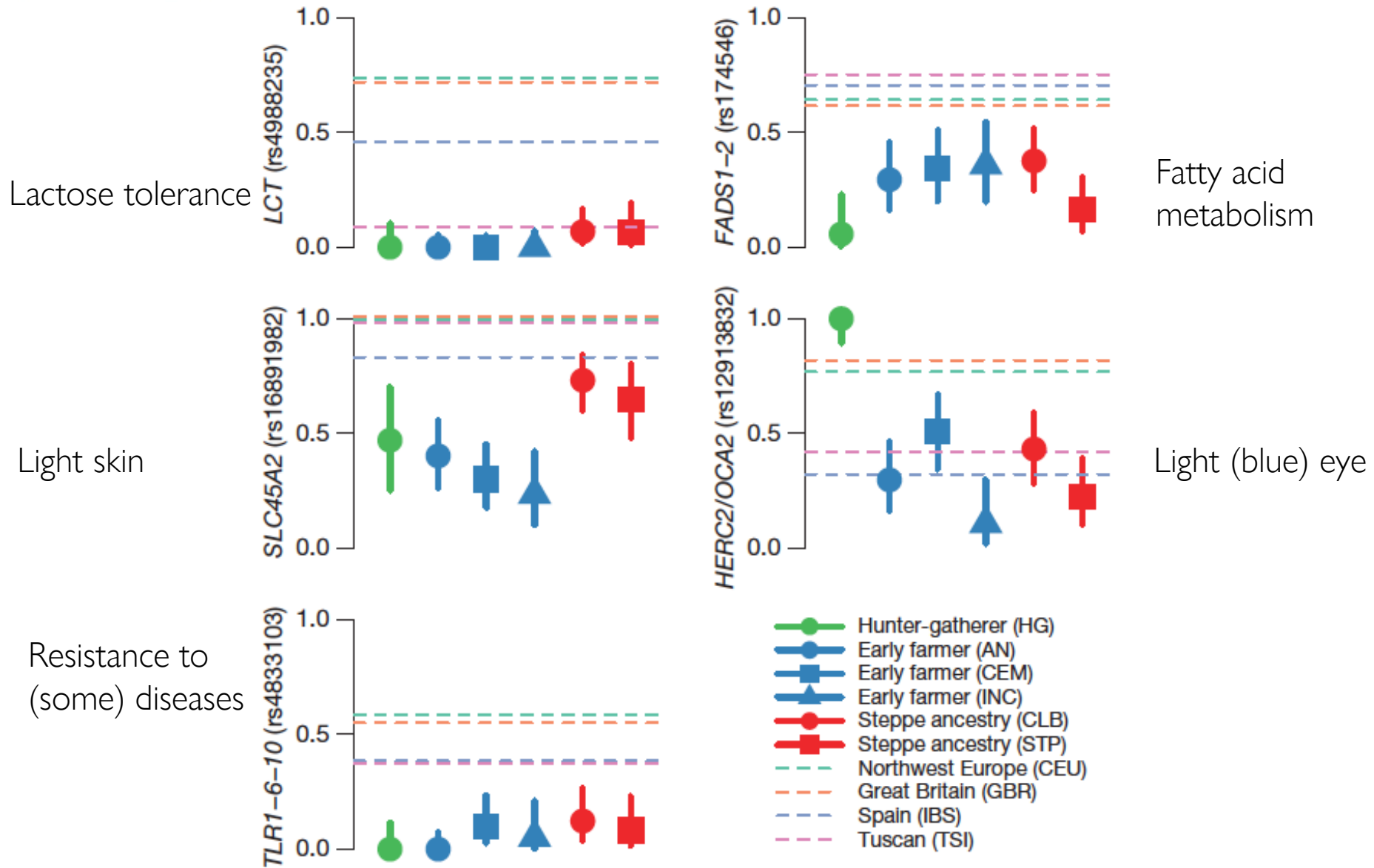


Carnitine palmitoyltransferase I

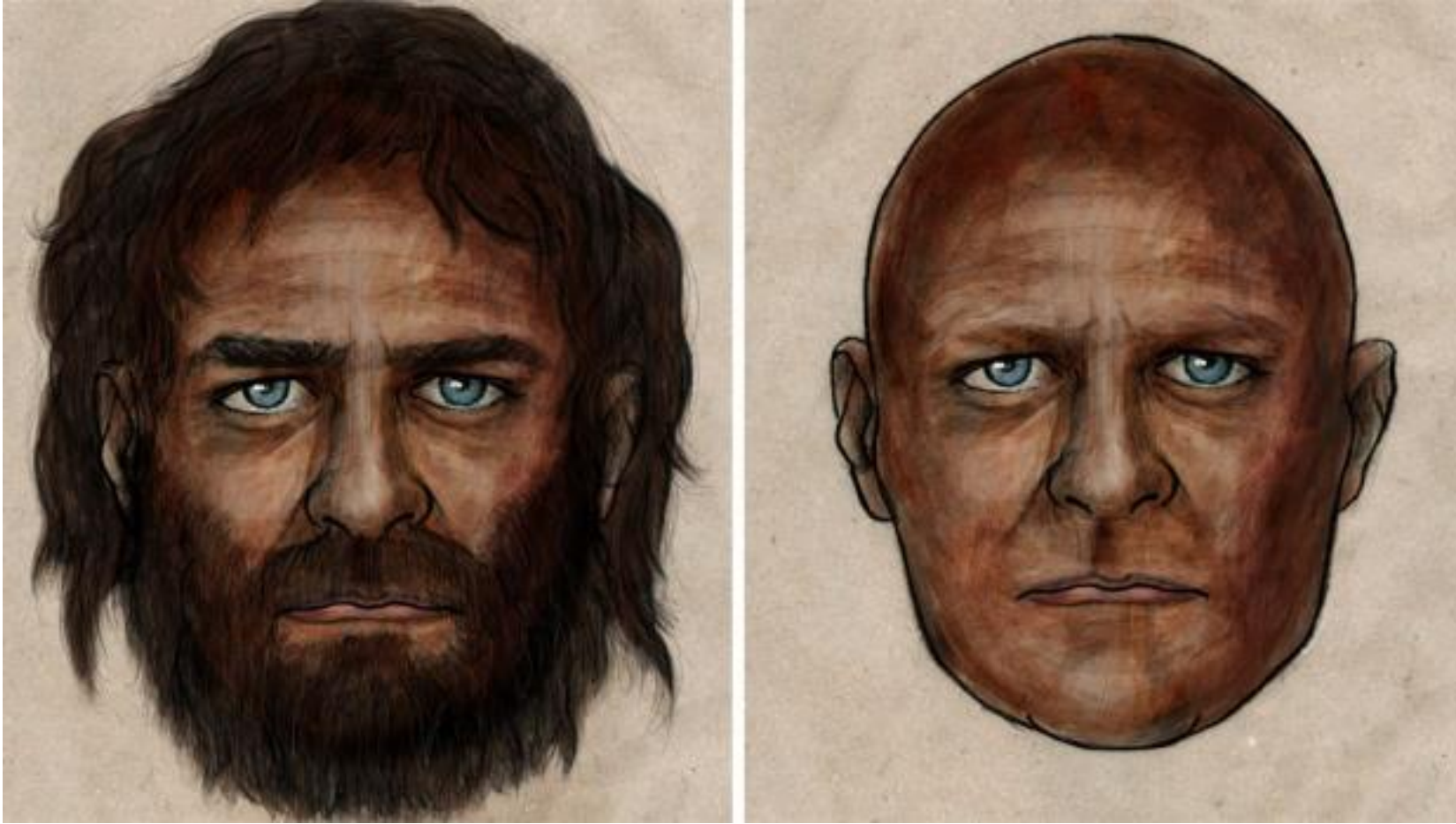
- CPT1A is a key regulator of mitochondrial long-chain fatty-acid oxidation
- the derived allele is associated with hypoketotic hypoglycemia and high infant mortality
- occurs at high frequency in Canadian and Greenland Inuits and was also found at 68% frequency in our Northeast Siberian sample.
- One of the strongest selective sweeps reported in humans despite associated deleterious consequences, possibly as a result of the selective advantage it originally provided to either a high-fat diet or a cold environment

Genome-wide patterns of selection in 230 ancient Eurasians

Iain Mathieson¹, Josif Lazaridis^{1,2}, Nadin Rohland^{1,2}, Swapan Mallick^{1,2,3}, Nick Patterson¹, Songül Alpaslan Roodenberg⁴, Eadaoin Harney^{1,2}, Kristin Stewardson^{1,2}, Daniel Fernandes⁵, Mario Novak^{6,7}, Kendra Sirak^{1,2}, Cristina Gamba^{1,2,3}, Eppie R. Jones⁸, Bastien Llamas⁹, Stanislav Dzyomov^{10,11}, Joseph Pickrel¹², Juan Luis Arsuaga^{13,14}, José María Bermúdez de Castro¹⁴, Eudald Carbonell^{15,16}, Fokke Gerritsen¹⁷, Aleksandr Khokhlov¹⁸, Pavel Kuznetsov¹⁹, Marina Lozano^{20,21}, Harald Meller²², Oleg Mochalov²³, Vyacheslav Moiseyev²⁴, Manuel A. Rojo Guerra²⁵, Jacob Roodenberg²⁶, Josep Maria Vergès^{27,28}, Johannes Krause^{29,30}, Alan Cooper³¹, Kurt W. Alt^{32,33,34}, Dorcas Brown³⁵, David Anthony³⁶, Carlos Lalueza-Fox³⁷, Wolfgang Haak^{3,22a}, Ron Pinhasi³⁸ & David Reich^{1,2,3a}

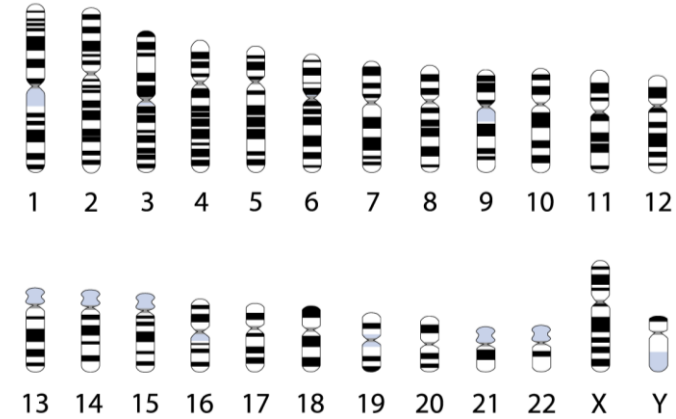
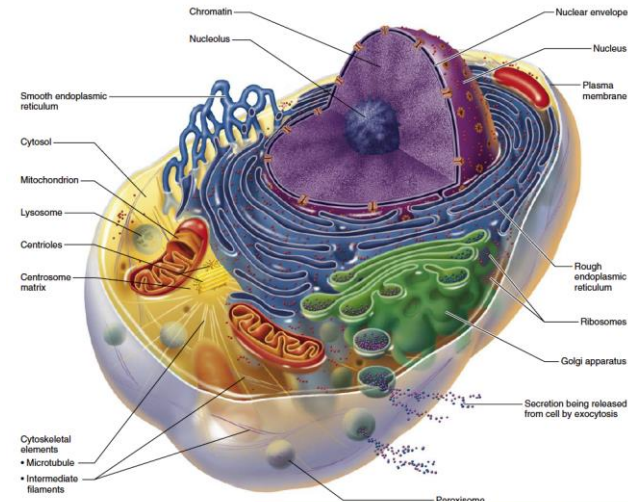
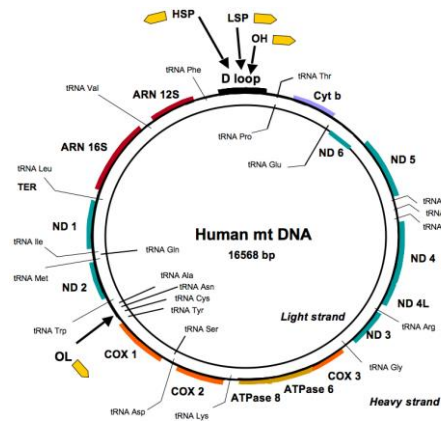


European hunter gatherers had a rather dark skin and blue eyes

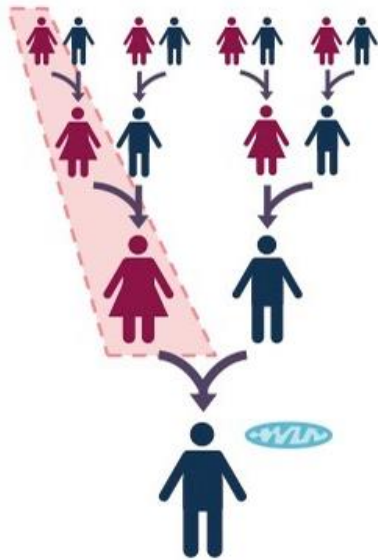


(Human) genetic diversity is shaped by

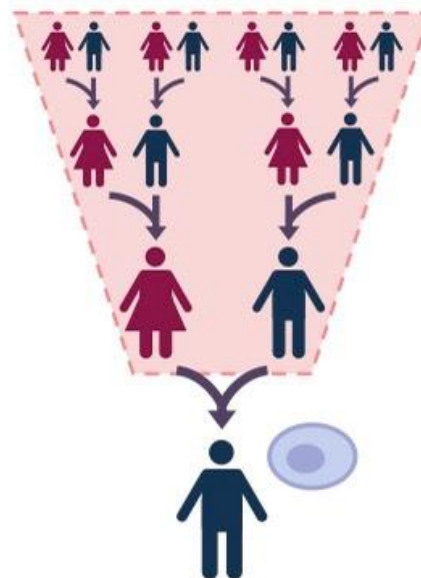
- demographic (evolutionary) history (genetic drift)
- natural selection
- **culture**



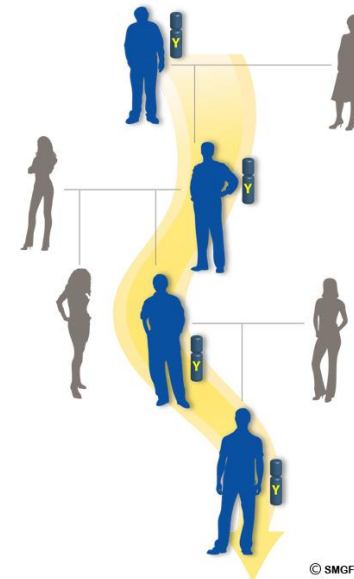
Mitochondrial DNA (mtDNA) Inherited from a maternal lineage

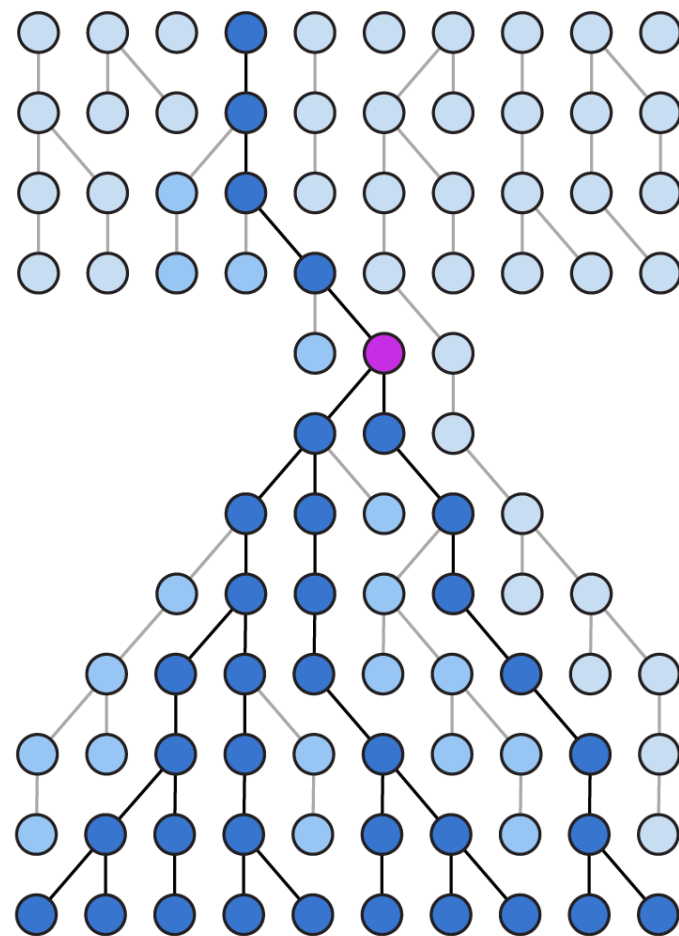
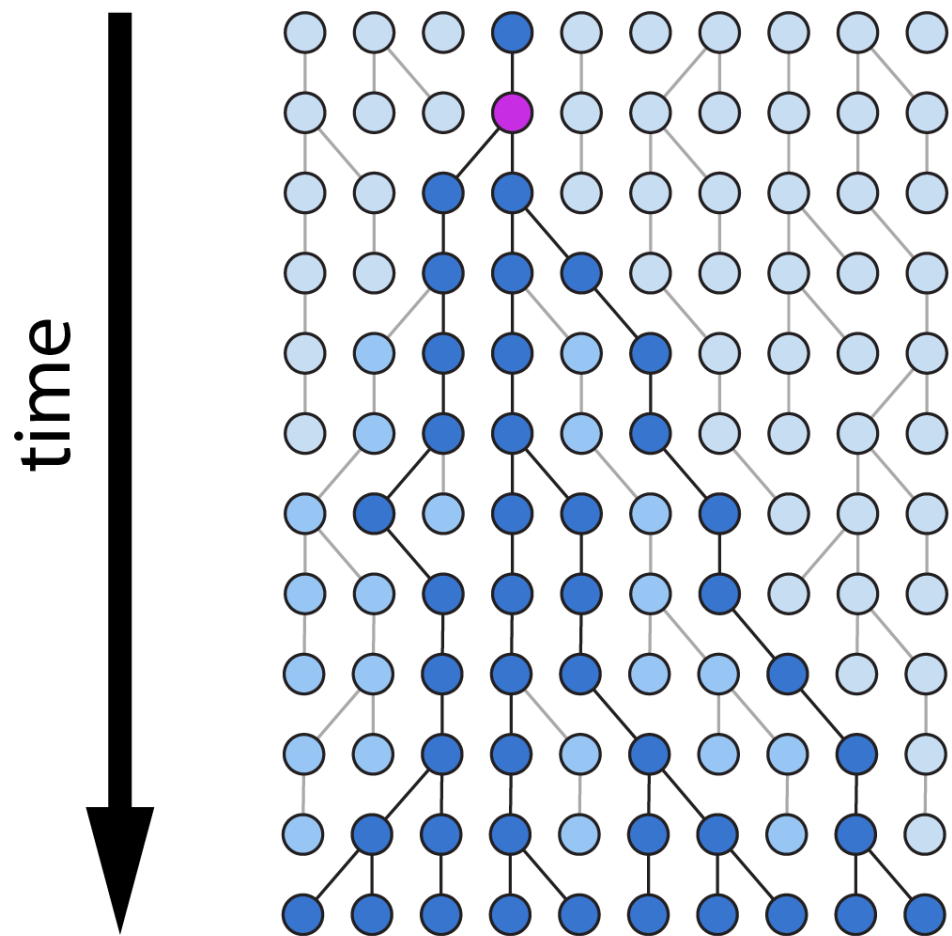


Nuclear DNA Inherited from all ancestors



Y-chromosome inheritance



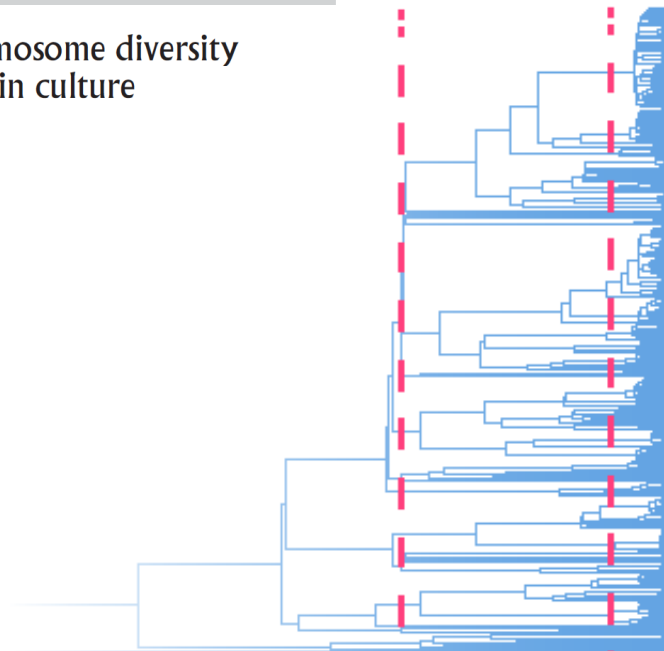


● Most Recent Common Ancestor

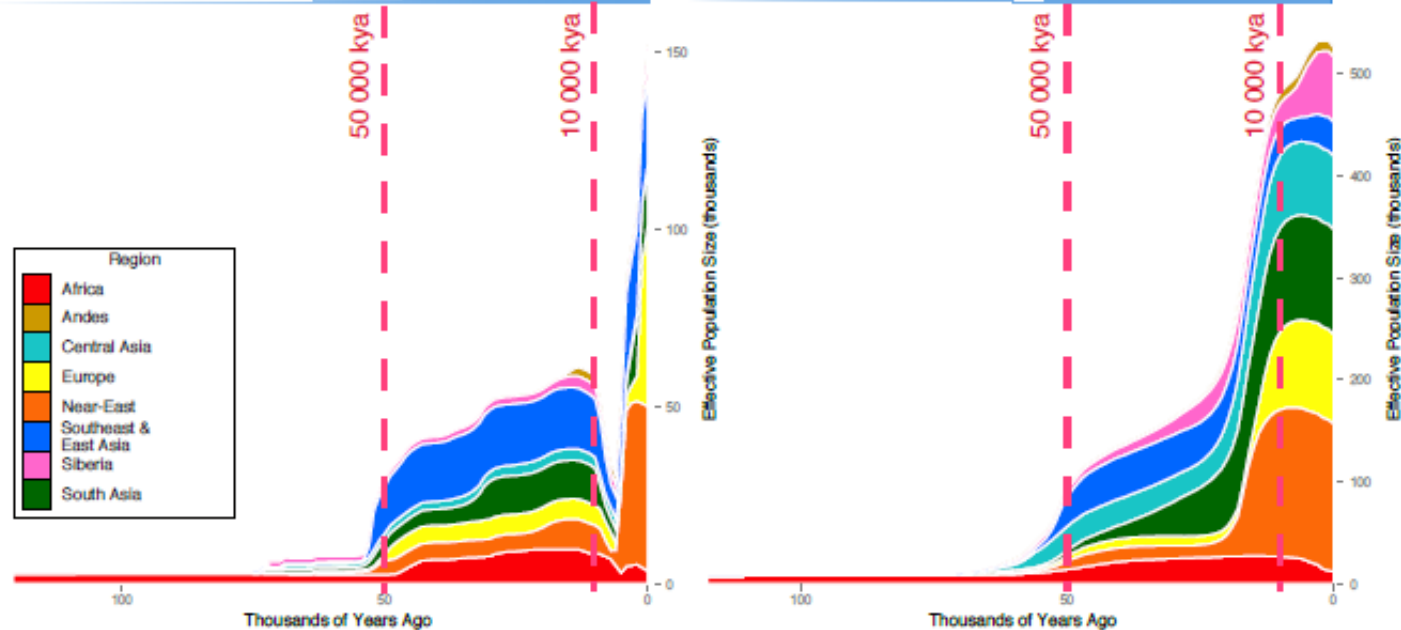
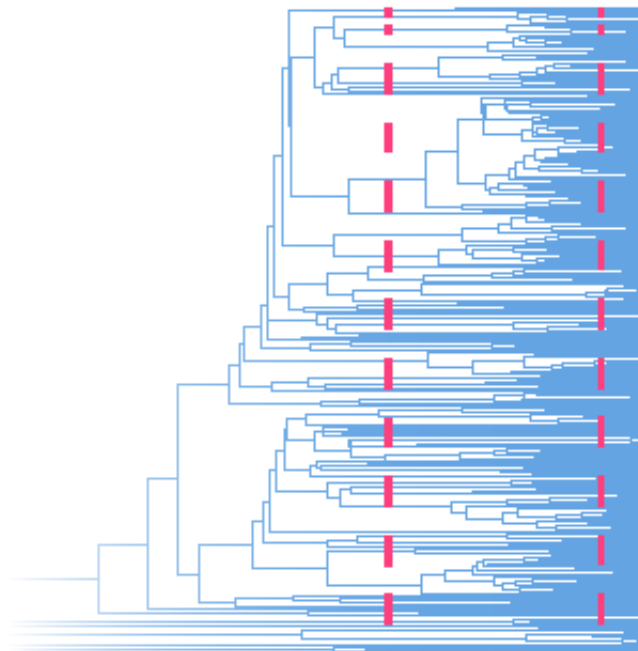
Research

A recent bottleneck of Y chromosome diversity coincides with a global change in culture

Y Chromosome



Mitochondrial DNA



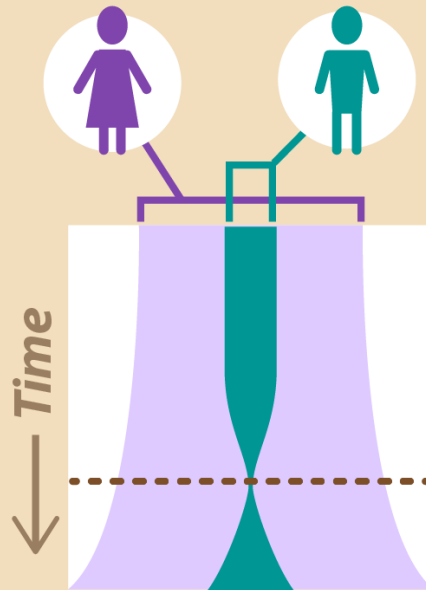
Analysis run by:
Lauri Saag, Mario Vicente etc

ONE of the LUCKY ONES



Rise of Agriculture

Between 8-12 thousand years ago, humans began using agriculture to grow food.



Extreme Reduction

4-8,000 years ago there was an extreme reduction in the number of males who reproduced, but not in the number females.

Survival of the... wealthiest?

Instead of "survival of the fittest," the accumulation of wealth and power may have increased the reproductive success of a small number of males and their sons.



Global Health

Genetic and environmental history are important to individual health. This study gives a perspective on global genetic history that will be important to global health.





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UNIVERSITY OF TARTU

Thank you!

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Archaeogenetics - application of the techniques of molecular population genetics to the study of the human past.

Why?

- We want to know our past.
- Evolutionary history shapes genetic diversity/susceptibility to disease.
- Personalized medicine in admixed populations/individuals.

How?

- Allele frequency patterns
- Coalescence patterns
- Haplotype sharing patterns



Data depth
Model complexity

structure-like analyses

The name comes from a program STRUCTURE. **This method is a model based approach to reveal genetic structure in the sample.**

The principle of the method is to find a genetic structure that would maximize Hardy-Weinberg equilibrium and minimize linkage disequilibrium. The premise is that within (sub)populations there is HW but when you have two populations in your sample there is no HW.

The approach constructs K number of “ancestral” populations (defined by allele frequencies at each locus) and proportions for each sample in the study with which it belongs to each of the “ancestral” populations (sums up to 1).

Resource

Fast model-based estimation of ancestry in unrelated individuals

David H. Alexander,^{1,4} John Novembre,² and Kenneth Lange³

¹Department of Biomathematics, University of California at Los Angeles, Los Angeles, California 90095, USA; ²Department of Ecology and Evolutionary Biology, University of California at Los Angeles, Los Angeles, California 90095, USA; ³Department of Human Genetics and Department of Statistics, University of California at Los Angeles, Los Angeles, California 90095, USA